

Tasman District Council

**Proposals to classify
reserves in Moutere -
Waimea Ward Reserves**

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For more information please contact:

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Submitter details

1. Nelson Marlborough Health (Nelson Marlborough District Health Board) (NMH) is a key organisation involved in the health and wellbeing of the people within Te Tau Ihu. NMH appreciates the opportunity to comment from a public health perspective on the Tasman District Council's request for feedback for the Feedback for Moutere-Waimea Ward Reserves Project.
2. NMH makes this submission in recognition of its responsibilities to improve, promote and protect the health of people and communities under the New Zealand Public Health and Disability Act 2000 and the Health Act 1956.
3. This submission sets out particular matters of interest and concern to NMH.

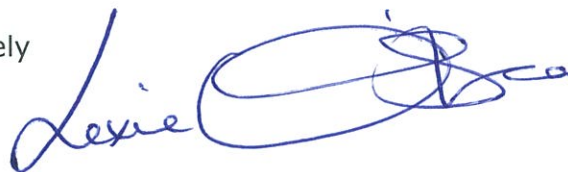
Specific Comments

4. NMH supports the proposals to classify reserves within the Moutere-Waimea Ward in order for the Reserves to be formally protected under the Reserves Act 1977. Green spaces, such as reserves can promote mental and physical health, and reduce morbidity and mortality in residents by providing psychological relaxation and stress alleviation, stimulating social cohesion, supporting physical activity, and reducing exposure to air pollutants, noise and excessive heat. Therefore NMH endorses these TDC proposals to classify reserves.¹

Conclusion

5. NMH thanks the Tasman District Council for the opportunity to feedback on the classifications of reserves in Moutere-Waimea Ward.

Yours sincerely



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¹ <https://www.euro.who.int/en/health-topics/environment-and-health/urban-health/publications/2016/urban-green-spaces-and-health-a-review-of-evidence-2016>