

14 May 2021

Via Email: [REDACTED]

### Response to a request for official information

Dear [REDACTED]

Thank you for your request for official information as transferred from the Ministry of Health and received 21 April 2021 by Nelson Marlborough Health (NMH)<sup>1</sup>, where you seek the following information.

- 1. What is the ethnicity of psychiatrists currently working in DHB psychiatric inpatient units and what is the ethnicity of allied clinical staff working in DHB inpatient psychiatric units?***

NMH response: Please see Table One for Wahi Oranga mental health inpatient unit.

**TABLE ONE**

<b>Ethnicity</b>	<b>Psychiatrists</b>	<b>Allied Health</b>
New Zealand European	1	3
Maori	0	1
European other	3	1
Other	4	2

- 2. What DHB protocols are there for ensuring maori clinical staff care for maori tangata whaiora?"***

NMH response: We have a number of processes in place to support Tangata Whaiora who are admitted into mental health inpatient services or supported in the community.

Poumanaki cultural support / portfolio manager Māori health work to ensure that Tangata Whaiora are provided cultural support on admission and during their stay in Wahi Oranga. They are involved in discharge planning with other members of the mental health team and external agencies that can provide support to build resilience and independence upon discharge. Where appropriate whanau are involved in this process. The Māori health positions work alongside their mental health colleagues to support the recovery process.

A cultural assessment based on Te Whare Tapa Fa is provided by Māori mental health. This ensures a plan that provides support to build recovery and Rangatirotanga for our Tangata Whaiora in a way that is responsive to the needs of Māori.

<sup>1</sup> Nelson Marlborough District Health Board

Each week Māori mental health delivers Wanganga that focus on cultural development, social issues and Kapa Haka. The focus is to support Tangata Whairoa in their rehabilitation process. There is active involvement in multi-disciplinary team meetings, and discharge planning. Suicide prevention is addressed to encourage individuals to be open to expressing their emotions and to seek support.

Our mental health inpatient services listen to the voice of tangata whaiora, peer support services, listening and acting on feedback from hui with Tangata Whaiora and Whanau.

Tangata Whaiora are included in multidisciplinary team discussions about their health and wellbeing plan.

Wahi Oranga engages with staff from our local Māori health provider, Te Piki Oranga to ensure that Tangata Whaiora are supported as they are discharged back into the community.

This response has been provided under the Official Information Act 1982. You have the right to seek an investigation by the Ombudsman of this decision. Information about how to make a complaint is available at [www.ombudsman.parliament.nz](http://www.ombudsman.parliament.nz) or free phone 0800 802 602.

If you have any questions about this decision please feel free to email our OIA Coordinator [OIArequest@nmdhb.govt.nz](mailto:OIArequest@nmdhb.govt.nz). I trust that this information meets your requirements. NMH, like other agencies across the state sector, supports the open disclosure of information to assist the public's understanding of how we are delivering publicly-funded healthcare. This includes the proactive publication of anonymised Official Information Act responses on our website from 10 working days after they have been released. If you feel that there are good reasons why your response should not be made publicly available, we will be happy to consider.

Yours sincerely



Lexie O'Shea  
**Chief Executive**