



14 April 2021

Via Email: [REDACTED]

Response to a request for official information

Dear [REDACTED]

Thank you for your request for official information received 19 January 2021 by Nelson Marlborough Health (NMH)¹, followed by the necessary extension of time 17 February 2021 and notice of decision 17 March 2021, where you seek the following information:

- 1. The pathway to access specialised eating disorder care within the DHB.***

NMH response: The Nelson Marlborough *HealthPathways* website offers clinicians a locally-agreed evidence-informed Eating Disorder Pathway for people to access eating disorder care.

- 2. Broken down by age and sex, the current number of people awaiting treatment for eating disorders via that pathway i.e. through the DHB mental health team, or specialist facility.***

NMH response: The Patient Management System does not capture data for eating disorders, and it would take a significant amount of time and resources to go through individual patient files. As such, NMH declines to respond for this aspect of your request under section 18(f) 'the information requested cannot be made available without substantial collation and research'.

- 3. The number of people admitted to hospital (including paediatric hospitals or wards) with an eating disorder or a suspected eating disorder, broken down by name of facility, age and sex, between January 1, 2010 and December 31 2020.***

NMH response: Please see Tables One to Three noting eating disorders are identified with one primary Eating Disorder Diagnosis, and there may also be a secondary diagnosis.

TABLE ONE

By Name of Facility	Number of Admissions
Nelson Hospital	101
Wairau Hospital	12
Wahi Oranga Mental Health Inpatient Unit	4
Older Persons Mental Health Hospital	1

NOTE: Data for Wahi Oranga is available from July 2019, and other Hospitals from July 2014

¹ Nelson Marlborough District Health Board

TABLE TWO

By Age on Admission Grouped	Number of Admissions
0 – 14	40
15 – 24	57
25 – 44	5
45 – 64	8
65+	8

TABLE THREE

By Gender	Number of Admissions
Female	101
Male	17

4. *The number of people who have accessed specialised eating disorder services between January 1 2020 and December 31 2020, by inpatient or outpatient status, sex and age.*

NMH response: Please see Tables Four to Six.

TABLE FOUR

By Setting	Number of People
Inpatient	20
Community	111

TABLE FIVE

By Setting and Gender	Number of People	
	Female	Male
Inpatient	17	3
Community	102	9

TABLE SIX

By Age on Admission/ Appointment Start Date Grouped and Setting	Number of People	
	Inpatient Setting	Community Setting
0-14	8	30
15-24	8	71
25-44	1	19
45-64	1	4
65+	2	0

NOTE: People with multiple Admissions or Community Contacts may appear in multiple age groups

5. *If not available within the DHB catchment area, where can patients access publicly funded, specialised eating disorder care?*

NMH response: Not applicable.

6. If eating disorder treatment services are contracted out and / or delivered by primary health care providers, please provide the name of the organisation delivering the service.

NMH response: Eating disorder services are not contracted out.

This response has been provided under the Official Information Act 1982. You have the right to seek an investigation by the Ombudsman of this decision. Information about how to make a complaint is available at www.ombudsman.parliament.nz or free phone 0800 802 602.

If you have any questions about this decision please feel free to email our OIA Coordinator OIArequest@nmdhb.govt.nz. I trust that this information meets your requirements. NMH, like other agencies across the state sector, supports the open disclosure of information to assist the public's understanding of how we are delivering publicly-funded healthcare. This includes the proactive publication of anonymised Official Information Act responses on our website from 10 working days after they have been released. If you feel that there are good reasons why your response should not be made publicly available, we will be happy to consider.

Yours sincerely



Lexie O'Shea
Chief Executive