

CONTACT DETAILS

NELSON AND MOTUEKA

Occupational Therapy
Level 5, Nelson Hospital, Nelson
03 546 1801

WAIRAU

Occupational Therapy
Allied Health
Wairau Hospital, Blenheim
03 520 9927 option 1

GOLDEN BAY

Occupational Therapy
Golden Bay Integrated Health Centre
Central Takaka Road RD1, Takaka 7183
03 525 8915

FEEDBACK

We welcome your comments and suggestions on our service.

Feedback options

- * Discuss with your Occupational Therapist
- * Discuss with the Occupational Therapy Team Leader
- * Contact the Patient Relations Coordinator
03 546 1848 or 03 520 9999
- * Contact the local independent advocacy service or the Health and Disability Commissioner's national office
0800 112 233
www.hdc.org.nz

OCCUPATIONAL THERAPY

KAIWHAKAORA NGANGAHAU

NMDHB
OCCUPATIONAL THERAPY
JUNE 2015

WWW.NMDHB.GOVT.NZ



Nelson Marlborough
District Health Board



Nelson Marlborough
District Health Board

WHAT WE DO

Occupational Therapists work with people who may have an illness or a disability, to help them take part in everyday activities of life. They take into account the person's physical, mental, emotional, cultural, social and spiritual needs.

They work with the person and their family or whanau to improve their abilities by learning or practicing skills, or by adapting their environment e.g. providing advice on equipment or recommending housing alterations.

At Nelson Marlborough DHB, Occupational Therapists help people with disabilities in a wide range of hospital and community based settings.

Occupational Therapists working within NMDHB are registered with the NZ Occupational Therapy Board and comply with the Health and Competency Assurance Act (HPCA).

SERVICES MAY INCLUDE

- * Assessment of daily living skills including showering, dressing, wheelchair/seating, and moving around the home.
- * Assessments of how a person thinks and processes information and ways of improving their abilities in order to complete tasks.
- * Rehabilitation programmes to maximise a person's independence at home and in the community.
- * Identifying the need for equipment. A Therapist will advise regarding the most appropriate equipment to meet client's needs. Therapists are able to apply for equipment for those who are eligible for Ministry of Health funding (through 'Enable NZ') for equipment, wheelchairs/seating, and housing modifications.
- * Assessment & Treatment for Burns and Scar Management (ACC and DHB funded).
- * Lymphoedema Management (Wairau Hospital).

REFERRALS

INPATIENT OCCUPATIONAL THERAPY

Inpatient Occupational Therapy services accept referrals from the medical team and complete assessments for inpatients of all ages.

ADULT COMMUNITY SERVICES

Adult Community Services accept referrals for adults aged 16 years and over that reside in the Nelson Marlborough district.

COMMUNITY SERVICES

Community Services for those under 16 can be referred for a short-term need for our services e.g. Following an accident/surgery.

OUTPATIENT SERVICES

Outpatient services accept referrals for Assessment & Treatment for Burns & Scar Management for all ages.

Referrals to the Occupational Therapy Department can be made by registered medical practitioners, DHB approved needs assessment co-ordination services, health professionals, family/self. Referrals will be accepted if they meet the access criteria.

Referrals are sent to the Community Care Coordination Centre

Phone 0800 543 222

Fax 0800 345 000