

29 January 2019

[REDACTED]  
[REDACTED]  
[REDACTED]

### **Response to a request for official information**

Dear [REDACTED]

Thank you for your request for official information received 24 December 2018 by Nelson Marlborough Health (NMH)<sup>1</sup> where you seek the following information:

***How much funding does your District Health Board receive or allocate directly or through Primary Health Organisations for Brief Intervention Counselling (BIC) initiatives?***

***I did ask the Minister of Health for this information as a Written Question but he has responded as below.***

***Reply: The Ministry of Health does not hold this information. The Member should contact each District Health Board directly for a response.***

***I would expect this to include all communications between you and your officials, staff and any other ministerial office or any government department as well as all advice, pre-meeting material, minutes, post meeting communications, reports, briefing notes, emails, texts, meeting notes, and summaries of telephone conversations which fall within the scope of my request.***

NMH contracts two Primary Health Organisations (PHOs) – Nelson Bay Primary Health and Kimi Hauora Wairau – to provide primary mental health and addiction services based on a stepped care model for service provision. Stepped care is a system of delivering and monitoring treatments so the treatment that is the most effective, yet least resource intensive, is delivered first. The PHOs have a menu of options to spend their funding.

Nelson Bay Primary Health is funded \$293,296 in the 2018/19 financial year for Brief Intervention Counselling (BIC) Service, plus additional funding for packages of care (of \$328,903) – which can be spent as required on GP/Practice Nurse consultations, a Mental Health triage assessment, psychology sessions and counselling sessions.

Kimi Hauora Wairau is funded \$237,380 in the 2018/19 financial year for packages of care – which can be spent as required on GP/Practice Nurse consultations, a Mental Health triage assessment, psychology sessions and counselling sessions. No specific funding is provided to Kimi Hauora Wairau for BIC.

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<sup>1</sup> Nelson Marlborough District Health Board

This response has been provided under the Official Information Act 1982. You have the right to seek an investigation by the Ombudsman of this decision. Information about how to make a complaint is available at [www.ombudsman.parliament.nz](http://www.ombudsman.parliament.nz) or free phone 0800 802 602.

If you have any questions about this decision please feel free to email our OIA Coordinator [OIArequest@nmdhb.govt.nz](mailto:OIArequest@nmdhb.govt.nz)

Please note that this letter (with your personal information removed), or an edited version of this letter, may be published on the Nelson Marlborough Health website.

Yours sincerely

A handwritten signature in blue ink, appearing to read 'P Bramley', with a stylized flourish at the end.

Dr Peter Bramley  
**Chief Executive**

cc: Ministry of Health via email: [SectorOIAs@moh.govt.nz](mailto:SectorOIAs@moh.govt.nz)