## HOW TO

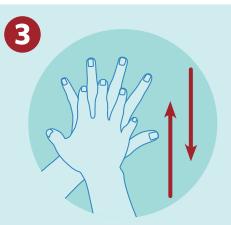
## CHAND WASH



Wet hands with water and apply enough soap to cover all hand surfaces



Rub hands palm to palm, up to and including wrists



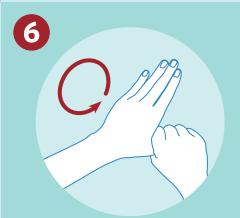
Right palm over back of left with linked fingers and vice versa



Palm to palm with fingers linked



Backs of fingers to opposing palms with fingers interlocked



Rotational rubbing of left thumb held in right palm and vice versa



Rotational rubbing firmly, with closed fingers of right hand in left palm and vice versa



Rinse your hands with water



Dry hands thoroughly with a paper towel





