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19 June 2019

Response to a request for official information

Thank you for your request for official information received 5 June 2019 by Nelson Marlborough Health (NMH)¹, where you seek information regarding the Ministry of Health Diabetes Care Improvement Package.

1. Please advise what is available in the Nelson Marlborough District Health Board area that relates to this package.

Every person with a diagnosis of Diabetes Mellitis (excluding gestational diabetes) is eligible for an annual review with their General Practice. This review is free for people with a Community Services Card (CSC) who are enrolled with a Primary Health Organisation (PHO), via their General Practice. A co-payment of up to \$18 may be charged by the general practice for those who do not have a CSC, although some practices waive this fee.

The review includes a diabetes distress assessment and development of a care plan. A key component of the model of care is both PHOs in the Nelson Marlborough region run programmes, including green prescription, nutrition services, podiatry services, self-management, and primary mental health packages of care, to support people with diabetes. All programmes are delivered free of charge. An annual review may result in referral to these services.

2. Please advise the funding allocated to this package.

The funding for the diabetes annual review is \$318,880 per annum for the Nelson Marlborough region. Aligned programmes, such as self-management, are supported with other DHB funding.

3. Please advise the person who provides consumer advice to the NMDHB Diabetes leadership Group.

NMH is currently redeveloping its models of care in the community, including for those with long term conditions. Consumer advice on this long term conditions work-stream is provided by a local community member and diabetes service user. We utilise the DHB Consumer Council in development of services, including diabetes services. Nelson Bays Primary Health (PHO) liaises with Diabetes Youth in Nelson to support programmes for youth with type 1 diabetes and the PHO is having discussions with Diabetes NZ to look at what other consumer support may be available.

¹ Nelson Marlborough District Health Board

This response has been provided under the Official Information Act 1982. You have the right to seek an investigation by the Ombudsman of this decision. Information about how to make a complaint is available at www.ombudsman.parliament.nz or free phone 0800 802 602.

If you have any questions about this decision please feel free to email our OIA Coordinator OIArequest@nmdhb.govt.nz

Yours sincerely

A handwritten signature in black ink, consisting of a series of loops and a long horizontal stroke.

Dr Peter Bramley
Chief Executive

cc: Ministry of Health via email: SectorOIA@moh.govt.nz