
THE PLAN

YOUTH & ALCOHOL IN NZ

QUIZ



**32 questions. Answers after each set, & again after Slide 39.
Scroll down to play.**

Quiz brought to you by CAYAD Nelson - Health Action Trust & Nelson Marlborough Public Health Service

ROUND ONE:

1. Does New Zealand have an alcohol **drinking age**?



- a) No – anyone can drink alcohol at any age
- b) Yes



THE PLAN Delay teen drinking.
Make a plan & stick with it.

2. Does New Zealand have an alcohol purchase age?



- a) Yes
- b) No



3. At what age can a person **legally buy** alcohol in New Zealand?



- a) 16
- b) 18
- c) 20
- d) 21



4. Who can legally provide alcohol to an under 18 year old in NZ?



- a) Their parent or legal guardian or anyone with the Express Consent from their parent or legal guardian
- b) Anyone over 18
- c) Older friends
- d) Other family members, eg brother/sister, uncle/aunt



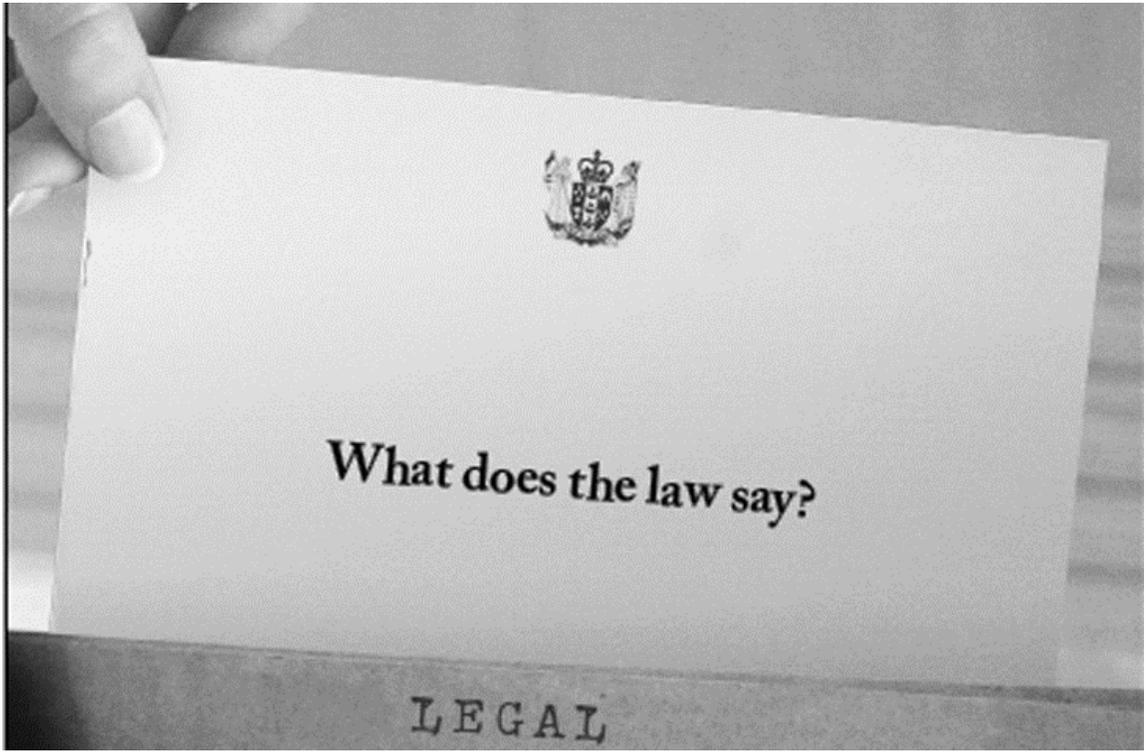
5. What is 'Express Consent' for someone to provide alcohol to a person aged under 18?

Teens Party...

- a) A conversation, text, email, or written note from the child's parent or guardian
- b) An assurance from the under-18 year old themselves
- c) No consent required



6. Who can legally give consent for an under-18 year old to drink alcohol in New Zealand?



- a) Anyone aged over 18
- b) Any family member aged over 18
- c) **ONLY** the person's parent or legal guardian
- d) All of the above



7. If a person is legally providing alcohol to an under-18, **what else** *should* they do?



- a) Supervise the drinking
- b) Provide food and safe transport options
- c) Provide non-alcoholic drinks too
- d) All of these things



8. What is the NZ Ministry of Health **advice about alcohol with regard to children and young people** aged under 18?



- a) Not drinking alcohol is the safest option
- b) It is best to teach them young
- c) Start them on low strength alcohol only



10. How much is spent on alcohol advertising every day in NZ?



- a) \$10 000
- b) \$50 000
- c) \$100 000
- d) \$200 000



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END of Round 1



THE PLAN Delay teen drinking. Make a plan & stick with it.

ROUND ONE ANSWERS:

1. Does New Zealand have an alcohol drinking age? A – NO.
2. Does New Zealand have an alcohol purchase age? A – Yes.
3. At what age can a person legally buy alcohol in New Zealand? B – 18.
4. Who can legally provide alcohol to an under 18 year old in NZ?
A - Their parent or legal guardian or anyone with the Express Consent from their parent or legal guardian.
5. What is 'Express Consent' for someone to provide alcohol to a person aged under 18?
A - A conversation, text, email, or written note from the child's parent or guardian.
6. Who can legally give consent for an under-18 year old to drink alcohol in New Zealand?
C - ONLY the person's parent or legal guardian.
7. If a person is legally providing alcohol to an under-18, what else *should* they do?
D - All of these things.
8. What is the NZ Ministry of Health advice about alcohol with regard to children and young people aged under 18?
A - Not drinking alcohol is the safest option.
9. Does alcohol have any effect on a teenager's developing brain? C – Yes.
10. How much is spent on alcohol advertising every day in NZ?
D - \$200, 000 dollars per day

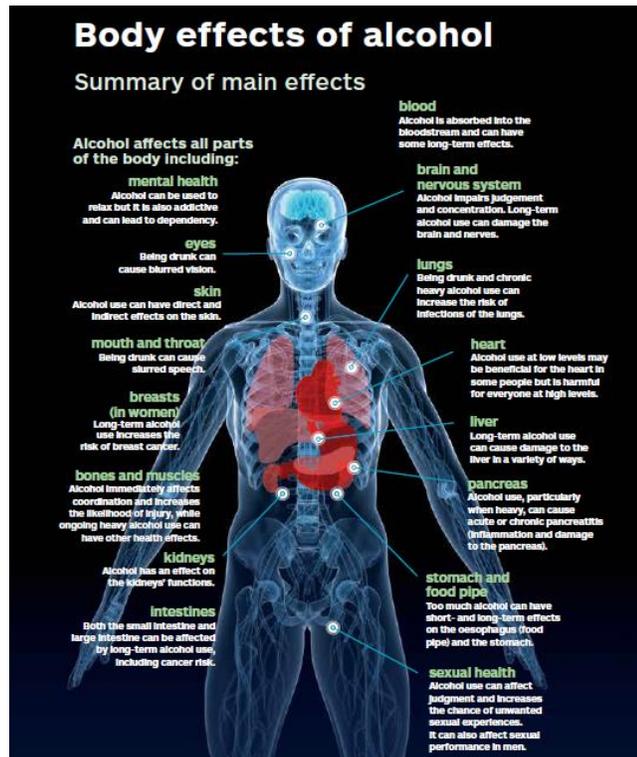




**Delay teen drinking.
Make a plan & stick with it.**

ROUND TWO:

11. Approximately **how long does it take our liver** to breakdown one standard alcoholic drink (SAD)?



- a) 15 minutes
- b) 30 minutes
- c) 60 minutes



12. Typically how many **standard alcoholic drinks** are in a 750 ml bottle of wine?



- a) 3 - 4
- b) 5 - 6
- c) 7 - 8



13. In order to reduce long-term health risks what is the **advised maximum number of standard alcoholic drinks per week for women?**



No more than;

- a) 10 per week
- b) 12 per week
- c) 14 per week



14. In order to reduce long-term health risks, what is the advised maximum number of standard alcoholic drinks per week for men?



No more than;

- a) 15 per week
- b) 20 per week
- c) 21 per week



15. Which age group has **decreased** their rate of hazardous drinking over the last 10 years?



- a) 18 - 24 year olds
- b) 25 - 54 year olds
- c) 55 - 75+ year olds



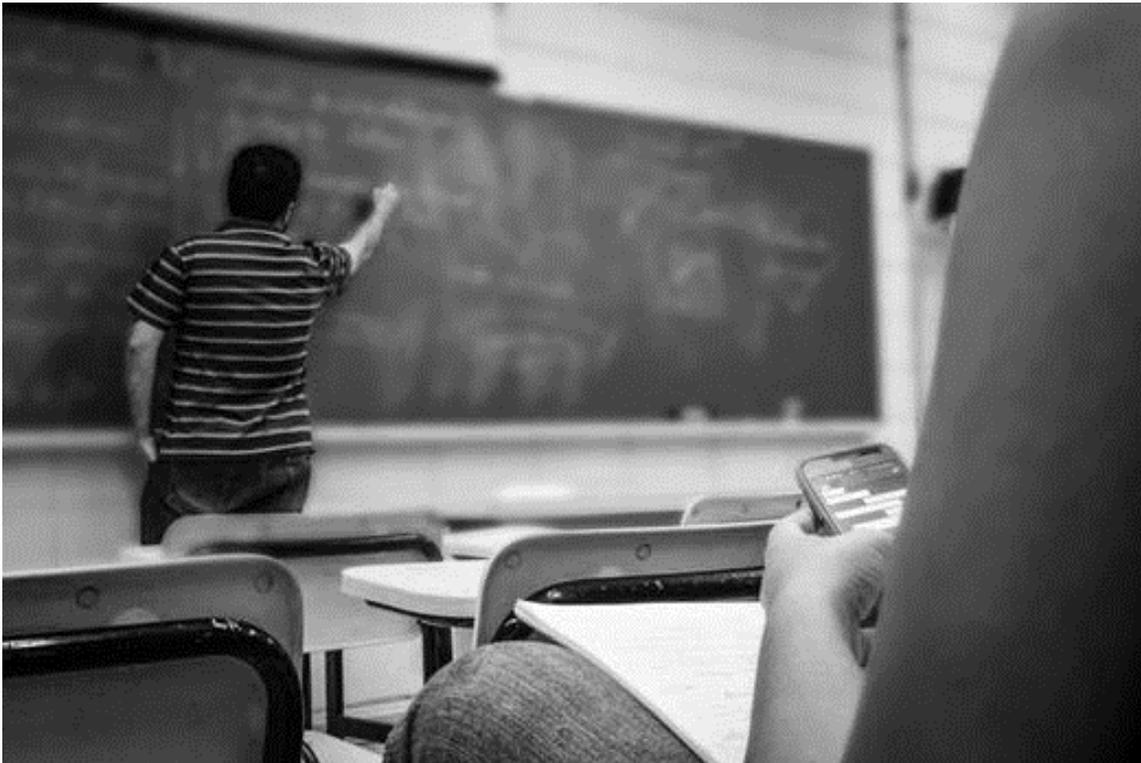
16. Which age group has increased their rates of hazardous drinking over the last 10 years?



- a) 15 - 24 year olds
- b) 25 - 54 year olds
- c) 55 - 75+ year olds



17. Approximately **what percentage of NZ secondary students (aged 15-17)** drink alcohol?



- a) 10%
- b) 50%
- c) 85%
- d) 100%



18. What is the legal **blood alcohol limit** for a person aged under 20 when driving a vehicle?



- a) 50 milligrams of alcohol per 100 millilitres of blood
- b) 80 milligrams of alcohol per 100 millilitres of blood
- c) zero



19. What alcoholic beverage is **Homer Simpson's** drink of choice?



- a) He doesn't drink alcohol, it's a family show
- b) Bloody Caesar
- c) Duff Beer
- d) Manhattan



THE PLAN Delay teen drinking.
Make a plan & stick with it.

20. Within prime-time TV viewing in New Zealand how often does a scene depicting alcohol appear?



- a) Every 10 minutes
- b) Every 30 minutes
- c) Once an hour



THE PLAN Delay teen drinking.
Make a plan & stick with it.

END of Round 2



THE PLAN Delay teen drinking. Make a plan & stick with it.

ROUND TWO ANSWERS:

11. Approximately how long does it take our liver to breakdown one standard alcoholic drink?
C – 60 minutes
12. Typically how many standard alcoholic drinks are in a 750 ml bottle of wine?
C – 7 – 8 standard drinks per bottle of wine
13. In order to reduce long-term health risks what is the advised maximum number of standard alcoholic drinks per week for women? A - 10 per week max for women.
14. In order to reduce long-term health risks, what is the advised maximum number of standard alcoholic drinks per week for men?
A – 15 per week max for men
15. Which age group has decreased their rate of hazardous drinking over the last 10 years?
A – 18 – 24 year olds
16. Which age group has increased their rates of hazardous drinking over the last 10 years?
B - 25 - 54 year olds
17. Approximately what percentage of NZ secondary students (aged 15-17) drink alcohol?
B – 50%
18. What is the legal blood alcohol limit for a person aged under 20 when driving a vehicle?
C - Zero
19. What alcoholic beverage is **Homer Simpson's** drink of choice.....? C – Duff beer
20. Within prime-time TV viewing in New Zealand how often does a scene depicting alcohol appear? A – Every 10 minutes



ROUND THREE:

21. How much has **total wine consumption** per year in NZ changed since 1984?



- a) Halved
- b) Stayed the same
- c) Doubled



22. What is the **average number of grapes** needed to produce a bottle of wine?



- a) 600 - 800
- b) 1000 - 1200
- c) 1400 - 1600



23. How much is spent **every week** on purchasing alcohol in NZ?



- a) \$45 million
- b) \$65 million
- c) \$85 million



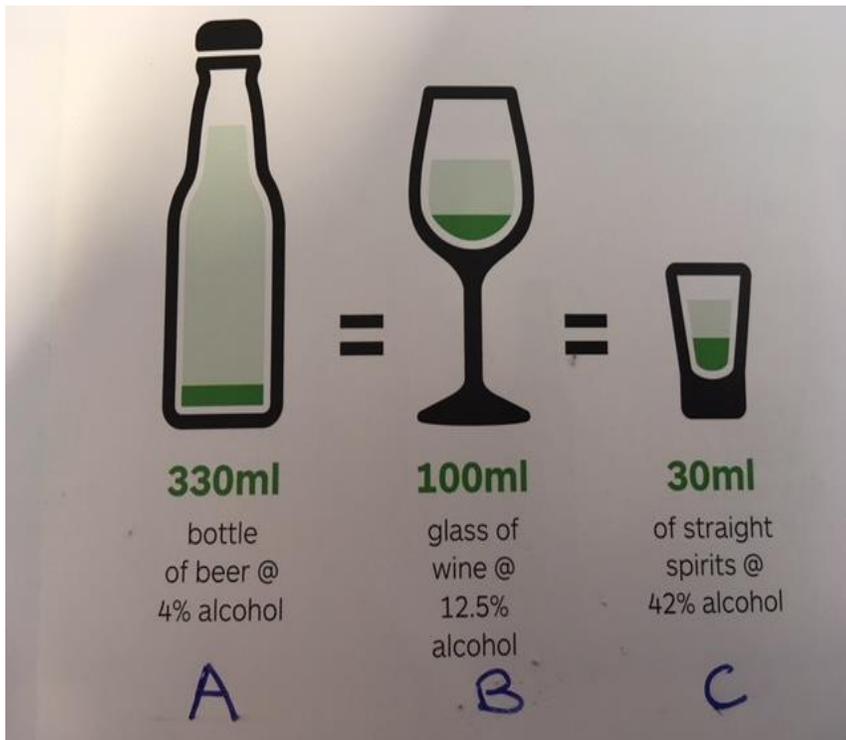
24. The amount of **wine consumed in New Zealand per year equates to an average of how many bottles** for every person aged over 15?



- a) 18 bottles
- b) 28 bottles
- c) 38 bottles



25. Which of these drinks contains the least alcohol?



- a) A - a stubbie of beer
- b) B - a glass of wine (100mls)
- c) C - a shot of spirits (30mls)
- d) They all contain the same amount of alcohol



26. Where do you find the symbol stating how many standard alcoholic drinks are in a bottle or can?



- a) On the label
- b) On the base
- c) Online
- d) In the phone book



27. Does alcohol **heat** or **cool** your core body temperature?



- a) Cools it
- b) Heats it
- c) Stays the same



28. What is the advised minimum number of alcohol-free days per week that adults should have to reduce long term risks of drinking?



- a) One day per week
- b) Two days per week
- c) Three days per week



29. Where would you find **wine legs**?



- a) On a grape vine
- b) In a wine glass
- c) Running up the wall
- d) On a frog



30. What is the legal **blood alcohol limit** for driving for a fully licensed driver aged over 20?



- a) 50 milligrams of alcohol per 100 millilitres of blood
- b) 80 milligrams of alcohol per 100 millilitres of blood



THE PLAN Delay teen drinking.
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31. How much would **every** New Zealander **over 18 years** have to **drink every week** to account for all of the alcohol that were available for sale in 2016?



- a) 3 cans of beer or
¼ bottle of wine each week
- b) 6 cans of beer or
half a bottle of wine each week
- c) 14 cans of beer or
2 bottles of wine
each week



32. Do people with an interest have a right to object to alcohol licensing applications in their community?



- a) YES; within 15 days of being posted on Council website
- b) NO; you just have to let applications be accepted



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END of Round 3



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ROUND THREE ANSWERS:

21. How much has total wine consumption per year in NZ changed since 1984? C – Doubled
22. What is the average number of grapes needed to produce a bottle of wine? A – 600 – 800
23. How much is spent every week on purchasing alcohol in NZ? C – \$85million
24. The amount of wine consumed in New Zealand per year equates to an average of how many bottles for every person aged over 15? C – 38 bottles
25. Which of these drinks contains the least alcohol?
D – all contain the same amount
26. Where do you find the symbol stating how many standard alcoholic drinks are in a bottle or can?
A – on the label
27. Does alcohol heat or cool your core body temperature? A – cools it.
28. What is the advised minimum number of alcohol-free days per week that adults should have to reduce long term risks of drinking? B – two days per week
29. Where would you find wine legs? B – in a wine glass
30. What is the legal blood alcohol limit for driving for a fully licensed driver aged over 20?
A - 50 milligrams of alcohol per 100 millilitres of blood
31. How much would every New Zealander over 18 years have to drink every week to account for all of the alcohol that were available for sale in 2016?
C - 14 cans of beer or 2 bottles of wine each week
32. Do people with an interest have a right to object to alcohol licensing applications in their community? A – YES, within 15 days of being posted on Council website



THE PLAN Delay teen drinking. Make a plan & stick with it.

SET ONE ANSWERS:

1. Does New Zealand have an alcohol drinking age? A – NO.
2. Does New Zealand have an alcohol purchase age? A – Yes.
3. At what age can a person legally buy alcohol in New Zealand? B – 18.
4. Who can legally provide alcohol to an under 18 year old in NZ?
A - Their parent or legal guardian or anyone with the Express Consent from their parent or legal guardian.
5. What is 'Express Consent' for someone to provide alcohol to a person aged under 18?
A - A conversation, text, email, or written note from the child's parent or guardian.
6. Who can legally give consent for an under-18 year old to drink alcohol in New Zealand?
C - ONLY the person's parent or legal guardian.
7. If a person is legally providing alcohol to an under-18, what else *should* they do?
D - All of these things.
8. What is the NZ Ministry of Health advice about alcohol with regard to children and young people aged under 18?
A - Not drinking alcohol is the safest option.
9. Does alcohol have any effect on a teenager's developing brain? C – Yes.
10. How much is spent on alcohol advertising every day in NZ?
D - \$200, 000 dollars per day



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SET TWO ANSWERS:

11. Approximately how long does it take our liver to breakdown one standard alcoholic drink?
C – 60 minutes
12. Typically how many standard alcoholic drinks are in a 750 ml bottle of wine?
C – 7 – 8 standard drinks per bottle of wine
13. In order to reduce long-term health risks what is the advised maximum number of standard alcoholic drinks per week for women? A - 10 per week max for women.
14. In order to reduce long-term health risks, what is the advised maximum number of standard alcoholic drinks per week for men?
A – 15 per week max for men
15. Which age group has decreased their rate of hazardous drinking over the last 10 years?
A – 18 – 24 year olds
16. Which age group has increased their rates of hazardous drinking over the last 10 years?
B - 25 - 54 year olds
17. Approximately what percentage of NZ secondary students (aged 15-17) drink alcohol?
B – 50%
18. What is the legal blood alcohol limit for a person aged under 20 when driving a vehicle?
C - Zero
19. What alcoholic beverage is **Homer Simpson's** drink of choice.....? C – Duff beer
20. Within prime-time TV viewing in New Zealand how often does a scene depicting alcohol appear? A – Every 10 minutes



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D – all contain the same amount
26. Where do you find the symbol stating how many standard alcoholic drinks are in a bottle or can?
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29. Where would you find wine legs? B – in a wine glass
30. What is the legal blood alcohol limit for driving for a fully licensed driver aged over 20?
A - 50 milligrams of alcohol per 100 millilitres of blood
31. How much would every New Zealander over 18 years have to drink every week to account for all of the alcohol that were available for sale in 2016?
C - 14 cans of beer or 2 bottles of wine each week
32. Do people with an interest have a right to object to alcohol licensing applications in their community? A – YES, within 15 days of being posted on Council website



ANSWERS

Remaining slides
repeat each question &
show the ANSWER on each slide.



Does New Zealand have an alcohol **drinking age**?



- a) No – anyone can drink alcohol at any age
- b) Yes

Answer: a



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Does New Zealand have an alcohol **purchase age**?



- a) Yes
- b) No

Answer: a



At what age can a person **legally buy** alcohol in New Zealand?



- a) 16
- b) 18
- c) 20
- d) 21

Answer: b



Who can legally provide alcohol to an under 18 year old in NZ?



- a) Their parent or legal guardian or anyone with the Express Consent from their parent or legal guardian
- b) Anyone over 18
- c) Older friends
- d) Other family members, eg brother/sister, uncle/aunt

Answer: a



What is 'Express Consent' for someone to provide alcohol to a person aged under 18?

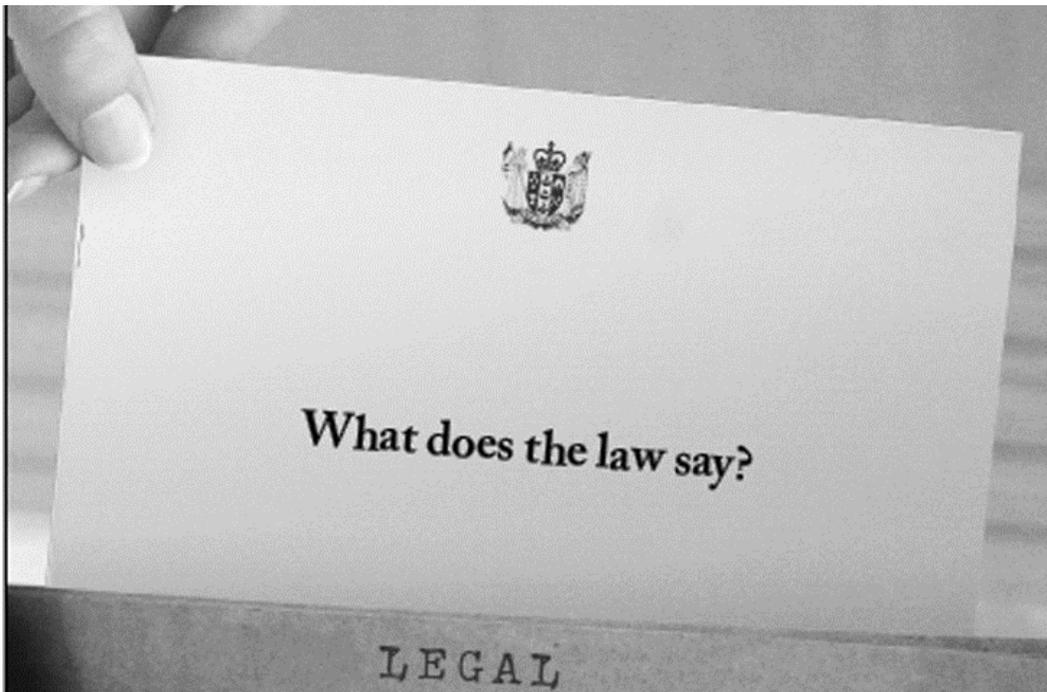
Teens Party...

- a) A conversation, text, email, or written note from the child's parent or guardian
- b) An assurance from the under-18 year old themselves
- c) No consent required

Answer: a



Who can legally give consent for an under-18 year old to drink alcohol in New Zealand?



- a) Anyone aged over 18
- b) Any family member aged over 18
- c) **ONLY** the person's parent or legal guardian
- d) All of the above

Answer: c



If a person is legally providing alcohol to an under-18, **what else** *should* they do?



- a) Supervise the drinking
- b) Provide food and safe transport options
- c) Provide low or non-alcoholic drinks too
- d) All of the above

Answer: d



What is the NZ Ministry of Health **advice about alcohol with regard to children and young people** aged under 18?



- a) Not drinking alcohol is the safest option
- b) It is best to teach them young
- c) Start them on low strength alcohol only

Answer: a



THE PLAN Delay teen drinking.
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How much is spent on alcohol advertising every day in NZ?

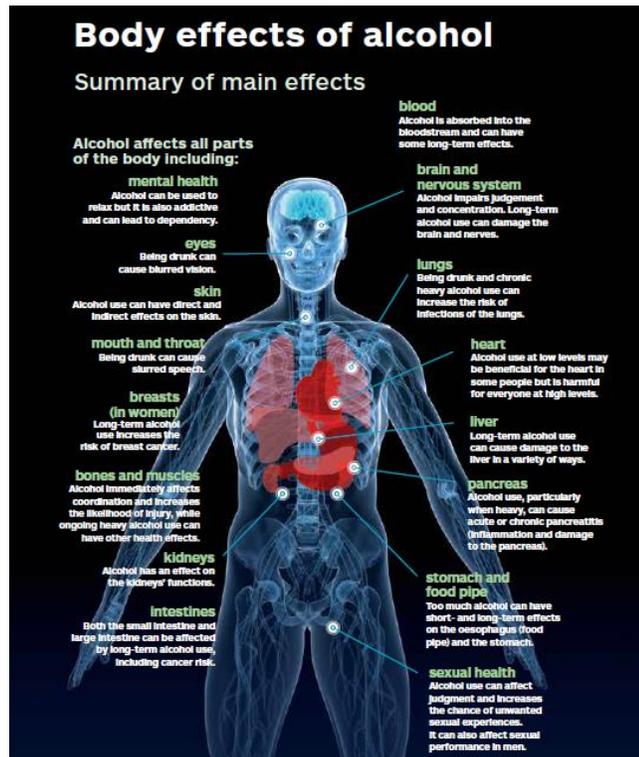


- a) \$10 000
- b) \$50 000
- c) \$100 000
- d) \$200 000

Answer: d



Approximately how long does it take our liver to breakdown one standard alcoholic drink?



- a) 15 minutes
- b) 30 minutes
- c) 60 minutes

Answer: c



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Typically how many **standard alcoholic drinks** are in a 750 ml bottle of wine?



a) 3 - 4

b) 5 - 6

c) 7 - 8

Answer: c



In order to reduce long-term health risks what is the **advised maximum number of standard alcoholic drinks per week for women?**



No more than;

- a) 10 per week
- b) 12 per week
- c) 14 per week

Answer: a



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In order to reduce long-term health risks, what is the **advised maximum number of standard alcoholic drinks per week for men?**



No more than;

- a) 15 per week
- b) 20 per week
- c) 21 per week

Answer: a



Which age group has decreased their rate of hazardous drinking over the last 10 years?



- a) 18 - 24 years
- b) 25 - 54 years
- c) 55 - 75+ years

Answer: a



Which age group has increased their rates of hazardous drinking over the last 10 years?



- a) 15 - 24 years
- b) 25 - 54 years
- c) 55 - 75+ years

Answer: b



Approximately **what percentage of NZ secondary students (aged 15-17) drink alcohol?**



- a) 10%
- b) 50%
- c) 85%
- d) 100%

Answer: b



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Within prime-time TV viewing in New Zealand
how often does a scene depicting alcohol appear?



- a) Every 10 minutes
- b) Every 30 minutes
- c) Once an hour

Answer: a



What alcoholic beverage is **Homer Simpson's** drink of choice.....?



- a) He doesn't drink alcohol, it's a family show
- b) Bloody Caesar
- c) Duff Beer
- d) Manhattan

Answer: c



What is the legal **blood alcohol limit** for a person aged under 20 when driving a vehicle?



- a) 50 milligrams of alcohol per 100 millilitres of blood
- b) 80 milligrams of alcohol per 100 millilitres of blood
- c) zero

Answer: c



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How much has **total wine consumption** per year in NZ changed since **1984**?



- a) Halved
- b) Stayed the same
- c) Doubled

Answer: c



What is the **average number of grapes** needed to produce a bottle of wine?



- a) 600 - 800
- b) 1000 - 1200
- c) 1400 - 1600

Answer: a



How much is spent **every week on purchasing** alcohol in NZ?



- a) \$45 million
- b) \$65 million
- c) \$85 million

Answer: c



The amount of wine consumed in New Zealand per year equates to an average of how many bottles for every person aged over 15?

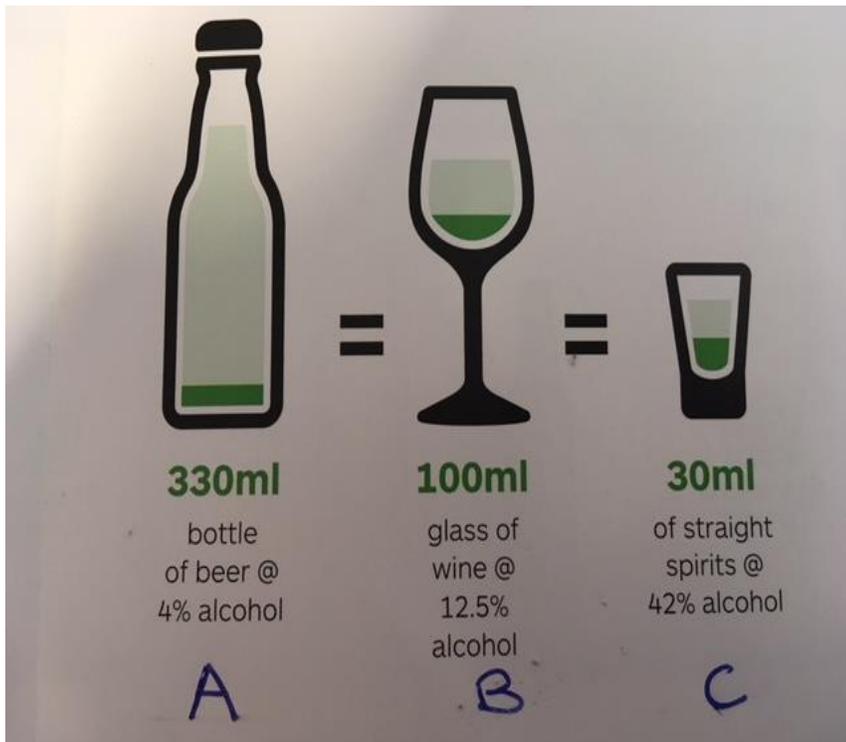


- a) 18 bottles
- b) 28 bottles
- c) 38 bottles

Answer: c



Which of these drinks contains the least alcohol?



- a) A - a stubbie of beer
- b) B - a glass of wine (100mls)
- c) C - a shot of spirits (30mls)
- d) They all contain the same amount of alcohol

Answer: d



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Where do you find the symbol stating how many standard alcoholic drinks are in a bottle or can?



- a) On the label
- b) On the base
- c) Online
- d) In the phone book

Answer: a



Does alcohol **heat or cool** your core body temperature?



- a) Cools it
- b) Heats it
- c) Stays the same

Answer: a



What is the advised minimum number of alcohol-free days per week that adults should have to reduce long term risks of drinking?



- a) One day per week
- b) Two days per week
- c) Three days per week

Answer: b



Where would you find **wine legs**?



- a) On a grape vine
- b) In a wine glass
- c) Running up the wall
- d) On a frog

Answer: b



What is the legal blood alcohol limit for driving for a fully licensed driver aged over 20?



- a) 50 milligrams of alcohol per 100 millilitres of blood
- b) 80 milligrams of alcohol per 100 millilitres of blood

Answer: a



THE PLAN Delay teen drinking.
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How much would **every** New Zealander **over 18 years** have to **drink every week** to account for all of the alcohol that were available for sale in 2016?



- a) 3 cans of beer or $\frac{1}{4}$ bottle of wine each week
- b) 6 cans of beer or half a bottle of wine each week
- c) 14 cans of beer or 2 bottles of wine each week

Answer: c



Do people with an interest have a right to object to alcohol licensing applications in their community?



- a) YES; within 15 days of being posted on Council website
- b) NO; you just have to let applications be accepted

Answer: a



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**THE
END**

