

**Media Release**  
**For Immediate Release**  
**Tuesday 29 September 2015**

## **How Well Do You Know Your Region's Health?**

### **An Analysis of Nelson Marlborough's Health and Well-Being**

#### **Did you know:**

- Nelson Marlborough enjoys a higher life expectancy than the New Zealand average?
- The leading cause of preventable death in the Nelson Marlborough region is coronary disease?
- Youth aged 15 to 24 years in Nelson Marlborough are at higher risk of injury and emergency department attendance than their national counterparts?

These are a few of the facts and figures that will be shared at the upcoming community engagement meetings being hosted by the Nelson Marlborough District Health Board from the 6<sup>th</sup> October to the 15<sup>th</sup> October 2015.

Andrew Lesperance, General Manager for Strategy, Funding and Alliance Support, says the meetings will provide a unique opportunity to hear directly from the district health board about the current health of our population (through data in the health needs assessment) and the overall intended direction of current and future service provision to the community.

The Board Chair Jenny Black and Chief Executive Chris Fleming will present on the findings and the strategic planning for the region's services.

Meetings will be held in the Nelson, Tasman and Marlborough council areas of Nelson, Blenheim, Murchison, Golden Bay and Motueka. Information on dates and times can be found at <http://www.nmdhb.govt.nz/communityengagement.aspx>

All are invited to attend the community meetings. If you have any questions, please email [comms@nmdhb.govt.nz](mailto:comms@nmdhb.govt.nz)

Ends

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## COMMUNITY ENGAGEMENT MEETINGS

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### October 2015

Members of the Nelson Tasman Marlborough community are warmly invited to attend one of the following community meetings in your area on the recently drafted Nelson Marlborough District Health Board Health Needs Assessment and Health Services Plan for the region.

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#### **NELSON COMMUNITY MEETING**

5pm on Tuesday 6 October

Nelson Hearing Association, 354 Trafalgar Square, Nelson.

#### **BLenheim COMMUNITY MEETING**

6pm on Wednesday 7 October

St John Ambulance, 93 Seymour Rd, Blenheim

#### **MURCHISON STAFF & COMMUNITY MEETING**

5pm on Tuesday 13 October

Recreation Centre, 82 Waller St, Murchison

#### **GOLDEN BAY**

6pm on Wednesday 14 October

Senior Citizens Hall, Commercial St, Behind Catholic Church, Golden Bay

#### **MOTUEKA**

6pm on Thursday 15 October

Top 10 Holiday Park  
10 Fearon St, Motueka

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### Speakers

NMDHB Board Chair Jenny Black

Chief Executive Chris Fleming

Followed by Questions and Answers

For more information, please visit our website at [www.nmdhb.govt.nz](http://www.nmdhb.govt.nz)

Contact: NMDHB Communications Manager Vienna Richards at [comms@nmdhb.govt.nz](mailto:comms@nmdhb.govt.nz)