

HealthNews

NELSON MARLBOROUGH HEALTH

WWW.NMDHB.GOV.TZ

NELSON

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MARLBOROUGH

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Congratulations to our recent Masters graduates

Our staff continually show their commitment to learning and further education. Recently nine Nelson Marlborough Health nurses completed a Masters programme in Nursing. It's no mean feat attaining this level of qualification. Congratulations to our graduates - this is an impressive achievement from our area.



From right: Angela Taylor, Shelly Shea, Annie Wallace, Jenny Wraight, Jane Besley, Lara Millar, Paul Peacock and Frances Horner recently graduated from Victoria University with their Master of Nursing Science. Debbie Harstonge (not pictured) completed her Master of Health Sciences endorsed in Nursing from Otago University.

SIGNS OF STROKE



THINK FAST

If you see **ANY** of the signs, call 111 immediately.

strokewise.org.nz



Finished with your crutches and other loan items? Take them back.

If you are no longer using physiotherapy and occupational therapy equipment, please return it so that it can be given to people who need it.

Occupational Therapy and Physiotherapy Team Leader, Nicola Westend says the equipment they are particularly keen to see returned are crutches, shower stools, bath boards and bedside commodes. However the return of all items no longer required is appreciated.

Please return loan items to the equipment store:

- In Nelson, (off Motueka street behind Taylors laundry) on the Braemar Campus. Phone (03) 546 1394.
- In Blenheim, next to the southern entrance to the hospital via the service entrance off Taylor Pass Road. Phone (03) 520 9927.

For a map refer to nmdhb.govt.nz/equipment-returns



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BOARD TALK



National Volunteer Week was held last month and I would like to acknowledge all the volunteers throughout the health system who help keep it running like a well oiled machine. Volunteers are doing everyday things such as driving the carpark buggy, running day programmes for dementia sufferers, supporting the work of Hospice, providing a kind word and a smile in ED, reading newspapers to the elderly and much more. Volunteers are everywhere and we want to say an enormous THANK YOU. You do make a difference.

When talking to this generous bunch of people, they all tell me how they enjoy what they are doing-a few hours a week (for some, it is a few days!), making someone's day a little brighter. If you would like to help out, please contact a hospital, aged-care facility, or Hospice near you... And in advance, thank you for volunteering.

Jenny Black

Jenny Black, Chairman
Nelson Marlborough Health