

ROUND ONE – PARENTS’ QUIZ

1. Does New Zealand have an alcohol drinking age?

- A. Yes
- B. No – anyone can drink alcohol at any age

2. Does New Zealand have an alcohol purchase age?

- A. No
- B. Yes

3. At what age can a person legally buy alcohol in New Zealand?

- A. 16
- B. 18
- C. 20
- D. 21

4. Who can legally provide alcohol to an under 18 year old in NZ?

- A. Their parent or legal guardian or anyone with the Express Consent from their parent or legal guardian
- B. Anyone over 18
- C. Older friends
- D. Other family members, eg brother/sister, uncle/aunt

5. What is ‘Express Consent’ for someone to provide alcohol to a person aged under 18?

- A. A conversation, text, email, or written note from the child’s parent or legal guardian
- B. An assurance from the under-18 year old themselves
- C. No consent required

6. Who can legally give consent for an under-18 year old to drink alcohol in New Zealand?

- A. Anyone aged over 18
- B. Any family member aged over 18
- C. ONLY the person's parent or legal guardian
- D. All of the above

7. If a person is legally providing alcohol to a person aged under-18, what else *should* they do?

- A. Supervise the drinking
- B. Provide food and safe transport options
- C. Provide non-alcoholic drinks too
- D. All of these things

8. What is the NZ Ministry of Health advice about alcohol with regard to children and young people aged under 18?

- A. Not drinking alcohol is the safest option
- B. It is best to teach them young
- C. Start them on low strength alcohol only

9. Does alcohol have any effect on a teenager’s developing brain?

- A. Yes
- B. Only if they are drinking spirits
- C. No

10. How much is spent on alcohol advertising every day in NZ?

- A. \$10 000
- B. \$50 000
- C. \$100 000
- D. \$200 000

ROUND ONE ANSWERS

1. Does New Zealand have an alcohol drinking age?
B – NO.
2. Does New Zealand have an alcohol purchase age?
B – YES.
3. At what age can a person legally buy alcohol in New Zealand?
B – 18.
4. Who can legally provide alcohol to an under 18 year old in NZ?
A – Their parent or legal guardian or anyone with the Express Consent from their parent or legal guardian.
5. What is 'Express Consent' for someone to provide alcohol to a person aged under 18?
A – A conversation, text, email, or written note from the child's parent or guardian.
6. Who can legally give consent for an under-18 year old to drink alcohol in New Zealand?
C – ONLY the person's parent or legal guardian.
7. If a person is legally providing alcohol to an under-18, what else *should* they do?
D – All of these things.
8. What is the NZ Ministry of Health advice about alcohol with regard to children and young people aged under 18?
A – Not drinking alcohol is the safest option.
9. Does alcohol have any effect on a teenager's developing brain?
A – YES.
10. How much is spent on alcohol advertising every day in NZ?
D – \$200, 000 dollars per day

ROUND TWO – STATS & MORE

1. Approximately how long does it take our liver to breakdown one standard alcoholic drink (SAD)?

- A. 15 minutes
- B. 30 minutes
- C. 60 minutes

2. Typically how many standard alcoholic drinks (SADs) are in a 750 ml bottle of wine?

- A. 3 - 4
- B. 5 - 6
- C. 7 - 8

3. In order to reduce long-term health risks, what is the advised maximum number of standard alcoholic drinks (SADs) per week for women? No more than:

- A. 10 per week
- B. 12 per week
- C. 14 per week

4. In order to reduce long-term health risks, what is the advised maximum number of standard alcoholic drinks (SADs) per week for men? No more than:

- A. 15 per week
- B. 20 per week
- C. 21 per week

5. Which age group has decreased their rate of hazardous drinking over the last 10 years?

- A. 18 - 24 year olds
- B. 25 - 54 year olds
- C. 55 - 75+ year olds

6. Which age group has increased their rates of hazardous drinking over the last 10 years?

- A. 15 - 24 year olds
- B. 25 - 54 year olds
- C. 55 - 75+ year olds

7. Approximately what percentage of NZ secondary students (aged 15-17) drink alcohol?

- A. 10%
- B. 50%
- C. 85%
- D. 100%

8. Within prime-time TV viewing in New Zealand, how often does a scene depicting alcohol appear?

- A. Every 10 minutes
- B. Every 30 minutes
- C. Once an hour

9. What is the legal blood alcohol limit for a person aged under 20 when driving a vehicle?

- A. 50 milligrams of alcohol per 100 millilitres of blood
- B. 80 milligrams of alcohol per 100 millilitres of blood
- C. Zero

10. How much has total wine consumption per year in NZ changed since 1984?

- A. Halved
- B. Stayed the same
- C. Doubled

ROUND TWO ANSWERS

1. Approximately how long does it take our liver to breakdown one standard alcoholic drink?
C – 60 minutes
2. Typically how many standard alcoholic drinks are in a 750 ml bottle of wine?
C – 7 – 8 standard drinks per bottle of wine
3. In order to reduce long-term health risks, what is the advised maximum number of standard alcoholic drinks per week for women?
A – 10 per week max for women
4. In order to reduce long-term health risks, what is the advised maximum number of standard alcoholic drinks per week for men?
A – 15 per week max for men
5. Which age group has decreased their rate of hazardous drinking over the last 10 years?
A – 18 – 24 year olds
6. Which age group has increased their rates of hazardous drinking over the last 10 years?
B – 25 - 54 year olds
7. Approximately what percentage of NZ secondary students (aged 15-17) drink alcohol?
B – 50%
8. Within prime-time TV viewing in New Zealand, how often does a scene depicting alcohol appear?
A – Every 10 minutes
9. What is the legal blood alcohol limit for a person aged under 20 when driving a vehicle?
C – Zero
10. How much has total wine consumption per year in NZ changed since 1984?
C – Doubled

ROUND THREE – DID YOU KNOW?

- 1. What is the average number of grapes needed to produce a bottle of wine?**
 - A. 600 - 800
 - B. 1000 - 1200
 - C. 1400 – 1600

- 2. How much is spent every week on purchasing alcohol in NZ?**
 - A. \$45 million
 - B. \$65 million
 - C. \$85 million

- 3. The amount of wine consumed in New Zealand per year equates to an average of how many bottles for every person aged over 15?**
 - A. 18 bottles
 - B. 28 bottles
 - C. 38 bottles

- 4. Which of these drinks contains the least alcohol?**
 - A. a stubby of beer
 - B. a glass of wine (100mls)
 - C. a shot of spirits (30mls)
 - D. They all contain the same amount of alcohol

- 5. Where do you find the symbol stating how many standard alcoholic drinks are in a bottle or can?**
 - A. On the label
 - B. On the base
 - C. Online
 - D. In the phone book

- 6. Does alcohol heat or cool your core body temperature?**
 - A. Cools it
 - B. Heats it
 - C. Stays the same

- 7. What is the advised minimum number of alcohol-free days per week that adults should have to reduce long term risks of drinking?**
 - A. One day per week
 - B. Two days per week
 - C. Three days per week

- 8. What is the legal blood alcohol limit for driving for a fully licensed driver aged over 20?**
 - A. 50 milligrams of alcohol per 100 millilitres of blood
 - B. 80 milligrams of alcohol per 100 millilitres of blood

- 9. How much would every New Zealander over 18 years have to drink every week to account for all of the alcohol that was available for sale in 2016?**
 - A. 3 cans of beer or ¼ bottle of wine each week
 - B. 6 cans of beer or half a bottle of wine each week
 - C. 14 cans of beer or 2 bottles of wine each week

- 10. Do people with an interest have a right to object to alcohol licensing applications in their community?**
 - A. YES; within 15 days of being posted on Council website
 - B. NO; you just have to let applications be accepted

ROUND THREE ANSWERS:

1. What is the average number of grapes needed to produce a bottle of wine?
A – 600 – 800
2. How much is spent every week on purchasing alcohol in NZ?
C – \$85million
3. The amount of wine consumed in New Zealand per year equates to an average of how many bottles for every person aged over 15?
C – 38 bottles
4. Which of these drinks contains the least alcohol?
D – All contain the same amount
5. Where do you find the symbol stating how many standard alcoholic drinks are in a bottle or can?
A – On the label
6. Does alcohol heat or cool your core body temperature?
A – Cools it.
7. What is the advised minimum number of alcohol-free days per week that adults should have to reduce long term risks of drinking?
B – Two days per week
8. What is the legal blood alcohol limit for driving for a fully licensed driver aged over 20?
A – 50 milligrams of alcohol per 100 millilitres of blood
9. How much would every New Zealander over 18 years have to drink every week to account for all of the alcohol that was available for sale in 2016?
C – 14 cans of beer or 2 bottles of wine each week
10. Do people with an interest have a right to object to alcohol licensing applications in their community?
A – YES, within 15 days of being posted on Council website

BONUS QUESTIONS

1) What alcoholic beverage is Homer Simpson's drink of choice.....?

- A. He doesn't drink alcohol, it's a family show
- B. Bloody Caesar
- C. Duff Beer
- D. Manhattan

2) Where would you find wine legs?

- A. On a grape vine
- B. In a wine glass
- C. Running up the wall
- D. On a frog

BONUS ANSWERS

What alcoholic beverage is Homer Simpson's drink of choice?

C – Duff beer

Where would you find wine legs?

B – In a wine glass