

SOUTH ISLAND REGIONAL MENTAL HEALTH PLAN 2003/04

Executive Summary

8 May 2003

Prepared for the South Island Regional Mental Health Network by the:

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1 INTRODUCTION

This regional plan 2003/2004 should be read in conjunction with the *South Island Regional Mental Health Strategic Plan*. The Plan was devised and written as a five year plan (commencing 2002) and provides a comprehensive overview of the issues pertaining to the South Island in delivering effective mental health services consistent with the *Blueprint* guidelines.

The purpose of this regional plan for 2003/2004 is to review progress and provide an update on the key projects and tasks undertaken in the past year. It then identifies those new initiatives agreed by the six South Island District Health Boards for the coming year. Finally it proposes an allocation of new Blueprint funding for the 2003/2004 financial year.

The plan continues to follow the broad themes of the five-year strategy – improving the quality of services being provided, ensuring the effectiveness of service delivery through closer collaboration between services and service users and a continuing programme of workforce development.

2 PROGRESS ON 2002/03 WORKPLAN

Of the key regional service development projects currently underway, most are expected to be completed by 30 June 2003 and the rest by September 2003.

3 ISSUES THAT IMPACT ON 2003/04 REGIONAL WORKPLAN

The following issues have been taken into consideration in developing the 2003/04 workplan:

- The recommendations of the Health and Disability Commissioner's Report into Southland Mental Health Services.
- The implementation requirements of the Health and Disability Services (Safety) Act Standards.
- Mental Health Commission feedback recommending a greater focus on access targets.
- Problems with the co-ordination of regional and national initiatives.
- The implications of the Review of the Continuum of Mental Health Services Funded by the District Health Boards in the Auckland Region.
- The co-ordination of regional work on outcome measurement with national developments.
- The implications of the devolution of elder care services for mental health.
- The implications of population based funding for mental health.
- The need to implement the Maori Mental Health National Strategic Framework.
- The proposal for a South Island youth alcohol and other drug residential treatment service.
- Regional support for 'Knowing the People Planning'.

4 FUNDING AVAILABLE FOR 2003/04

In May 2003 the DHBs were provided with indicative levels of funding for the region in 2003/04. The South Island DHBs have been advised to plan on additional *Blueprint* funding for the region of \$1.2m (GST exc.) The proposed allocation for each DHB is as follows:

DHB	Funding Allocation
Nelson/Marlborough	\$412,971
Canterbury	\$218,476
South Canterbury	Nil
West Coast	Nil
Otago	Nil
Southland	\$568,552
Total	\$1,200,000

5 KEY STRATEGIC THEMES FOR 2003/04

Key strategic themes are:

- Regional collaboration and the development of clinical relationships
- Implementation of service development planning
- Workforce development
- Quality audit and evaluation
- Linkages with primary health care
- Infrastructure development

6 ADDITIONAL OR AMENDED GOALS AND OBJECTIVES

A range of minor amendments and additions have been made to the Regional Strategic Plan goals or objectives to reflect:

- An increased focus on National Mental Health Plan access targets in response to Mental Health Commission feedback.
- The results of the Forensic Regional Service Development Model Project.
- A focus on the implementation of current planning projects in 2003/04.
- Further identification of workforce needs.
- The linking of regional outcome work to national developments.
- The implications of the Health and Disability (Safety) Act for DHBs.

- The implications of the devolution of elder care funding to DHBs.
- A more achievable objective for incorporating a mental health component in primary health agreements.

7 WORKPLAN FOR 2003/04

Regional Plan Implementation Projects for the Year ending 30 June 2004

	Description	Target Completion Date
a)	South Island Alcohol and Other Drug Services Review Project (now including co-existing disorders)	November 2003
b)	South Island Methadone Service Development Project	March 2004
c)	Kaupapa Maori Mental Health Services Development Project	Stage 1 – Sept 2003 Stages 2 & 3 – Feb 2004
d)	Pacific Island Mental Health Scoping Project	June 2004
e)	Primary Mental Health Care Scoping Project	November 2003

Non-project Tasks for the Year ending 30 June 2004

	Description	Target completion Date
a)	Incorporate the new South Island Rural Mental Health Service Standards in all regional service development planning projects and tasks.	June 2004 & Ongoing
b)	Develop a mechanism for implementing the recommendations of the South Island Alcohol and other Drug Services Review in a regionally coordinated approach.	June 2004 & Ongoing
c)	Undertake annual regional stocktakes of service volumes as a measure of district and regional progress against <i>Blueprint</i> benchmark targets.	July 2003
d)	Seek to include a mental health component in all new primary care systems in the southern region.	Ongoing
e)	Incorporate the following in all projects: <ul style="list-style-type: none"> • Establish strong Treaty based partnerships with Tangata Whenua/Maori in Te Waipounamu that ensure effective Maori participation in the planning and delivery of mental health services as defined and agreed by Maori. 	Ongoing

f)	Assess the implications of the devolution of elder care funding to DHBs for the delivery of mental health care services for the elderly.	September 2003
g)	<p>Incorporate the following objectives in the current SISSAL 'Improving Provider Monitoring Processes' project:</p> <ul style="list-style-type: none"> • Achieve consistent quality in the reporting of outputs by providers against the standard contract reporting requirements • Develop a consistent South Island process for the accurate collation of ethnicity data through the Mental Health Information National Collection. 	June 2004
h)	<p>Continue participation in the national outcomes project to:</p> <ul style="list-style-type: none"> • Develop a model for measuring outcomes in the Southern region utilising nationally developed outcome tools. Eg. HONOS. • Introduce an outcome measurement requirement into service specifications for all mental health services 	National time frames
i)	Assess the fiscal risk for DHBs in terms of liability for recovery of audit costs associated with contracted providers who are required to be certificated under the Health and Disability (Safety) Act.	September 2003
j)	Develop a common regional strategy and communication plan in response to issues arising for providers who are required to be certificated under the Health and Disability (Safety) Act.	September 2003
k)	Facilitate the Clinical Governance Group for Forensic Regional Services on a South Island wide basis.	Ongoing
l)	South Island Workforce Working Group.	Ongoing
m)	To formally review the goals and objectives of the five year South Island Regional Mental Health Strategic Plan.	November 2003