






# Te Roopu Tupu Tahī

## Workforce Development Calendar January 2011



Please contact [Lorraine.Eade@nmdhb.govt.nz](mailto:Lorraine.Eade@nmdhb.govt.nz) for any queries in relation to Te Roopu Tupu Tahī Workforce Development Calendar.


Date	Location	Training Name	Training Information / Contact Details	Venue	Time
3 <sup>rd</sup> February 2011	<u>Nelson</u>	<u>'Shout' Training Workshops</u>	<p>Three thousand people and organisations made submissions to Sir Geoffrey Palmer's alcohol law review. That review heard from many communities wanting to see change happen around New Zealand's drinking culture and the harm excessive commercialisation of alcohol was doing in their neighbourhoods. The Government has now responded to the Sir Geoffrey's Law Commission recommendations and are introducing a Bill (draft law) soon to change our alcohol laws. Shout workshops help people wanting to make written and oral submissions through a series of workshops.</p> <p>The workshops will help you:</p> <ul style="list-style-type: none"> <li>• understand the issues in the Bill</li> <li>• write your submission</li> <li>• tell your story to the Select Committee</li> <li>• work with your MP to understand/influence local liquor issues.</li> </ul> <p>For more information contact <a href="mailto:admin@drugfoundation.org.nz">admin@drugfoundation.org.nz</a> or 0800 378 474.</p>	Contact Drug Foundation	Contact Drug Foundation
3 <sup>rd</sup> Feb	<u>Dunedin</u>	<u>Family Inclusive Practice Supervisors Workshop</u>	Run by Kina Trust and Matua Raki. Registration is \$45.	See flier	9 a.m to 4 p.m


		 Supervisors Flyer-reg-bio 2011.pc			
9 <sup>th</sup> to 11 <sup>th</sup> Feb	<u>Auckland</u>	<u>Second Sport and Alcohol Conferencing – Finding the Balance</u>  2nd_sport_&_alcohol_a4_poster-final_ver:		See flier	See flier
25 <sup>th</sup> Feb	<u>Nelson</u>	<u>Vulnerable Young People – What Works</u>  Workforce Development Calendar	This workshop is at no cost and has been organised by Nelson Bays PHO. For further detail contact Vonnie.Marshall@nelsonbayspho.org.nz	The New Hub 23 New St Nelson	9.00 a.m to 3.00 p.m
28 <sup>th</sup> Feb 3 <sup>rd</sup> March	<u>Akld Wellington</u>	<u>Trauma Informed Care Workshop</u>	Presented by Dr Bob Glover Leader from IIMHL and the National Association of State Mental Health Directors in the United States.  Go to <a href="http://www.tepou.co.nz">www.tepou.co.nz</a> for further information.	See <a href="http://www.tepou.co.nz">www.tepou.co.nz</a>	See <a href="http://www.tepou.co.nz">www.tepou.co.nz</a>
11 <sup>th</sup> March (to be confirmed)	<u>Nelson</u>	<u>Blueprint Recovery Training</u>	Provided by Blueprint and this comes at no cost to the NGO sector. If you are interested, please contact SF Nelson at office@sfnelson.org.nz, or Trina McKay <a href="mailto:trina.mckay@nmdhb.govt.nz">trina.mckay@nmdhb.govt.nz</a> for further information.	To be advised	To be advised
10 <sup>th</sup> Feb (fully booked) 10 <sup>th</sup> Mar 7 <sup>th</sup> Apr (fully booked) 5 <sup>th</sup> May 16 <sup>th</sup> Jun	<u>Nelson</u>	<u>First Aid</u>	Kindly provided by NMDHB Learning and Development. <u>Five</u> free places for the NGO mental health and addiction sector on each course.  Registrations required to <a href="mailto:Lorraine.Eade@nmdhb.govt.nz">Lorraine.Eade@nmdhb.govt.nz</a>	Red Cross Rooms 59 Parkers Road, Tahunanui	8.30 a.m to 4.30 p.m

14 <sup>th</sup> Jul 11 <sup>th</sup> Aug 8 <sup>th</sup> Sep 6 <sup>th</sup> Oct 17 <sup>th</sup> Nov 15 <sup>th</sup> Dec					
1 <sup>st</sup> March or 17 <sup>th</sup> March 2011	<u>Nelson</u>	<u>Addictions</u>	Presented by Philip Townshend and Matt McMillan. Cost is \$10 per person. Places are limited so please contact <a href="mailto:Paula.Panckhurst@ght.co.nz">Paula.Panckhurst@ght.co.nz</a>	Gateway Housing Trust Training Room	9.00 a.m to 12.00 p.m.
February to November 2011	<u>Auckland</u>	<u>Range of Topics (see flier)</u>  1000925-bp-training-calendar-auckland-we	Contact <a href="mailto:info@blueprint.co.nz">info@blueprint.co.nz</a> . Day courses run at \$260 per course. Note a range of courses included in the brochure attached.	Blueprint for Learning Level 2, 8 Nugent St	See flier
Not applicable	<u>See Flier</u>	<u>Huarahi Whakatu</u>  Huarahi Whakatujan2011.doc	The Huarahi Whakatu is a professional development and recognition programme (PDRP), it is the only accredited dual competency based <sup>1</sup> PDRP programme in New Zealand, purposely designed by and for <u>Maori</u> nurses. It assists Maori nurses to demonstrate competency in their practice, it encourages ongoing professional development and progressive career development, by using both clinical and cultural concepts.  Puna Whakato- Basic Competent level Puna Whakatau- Proficient level Puna Rahi- Advanced level Puna Rangatira- Specific Leadership roles  Online and written resources are provided to the nurse, supported by regular coaching	See flier	See flier

<sup>1</sup> clinical and cultural competencies

			(face to face, email and telephone as required).  If you'd like more information please contact: Lois Boyd – Nurse Consultant, on extension 8586 or by email <a href="mailto:Lois.Boyd@nmhs.govt.nz">Lois.Boyd@nmhs.govt.nz</a>		
29 <sup>th</sup> March 2011	<u>Blenheim</u>	<u>Services Supporting Men</u>  Services Supporting Men Seminar Marlboroc	“Sad Blokes: Depression and Suicide in Men”; “Introduction to Suicide Prevention in Marlborough”; “Workshop – How services support men”. Presented by David Hough and Barry Taylor. Cost \$25 per person. To register please email <a href="mailto:lifelinemarlborough@lifeline.co.nz">lifelinemarlborough@lifeline.co.nz</a> .	Clubs of Marlborough	9.30 to 3.00 p.m
Ongoing	<u>Online and Free!</u>	<u>An Introduction to Child and Adolescent Mental Health</u>  WerryCentre.pdf <hr/>	The Werry Centre has developed an Introduction to Child and Adolescent Mental Health Online Resource has been designed to serve as an introduction to the knowledge, skills and attitudes that are necessary when working in child and adolescent mental health in New Zealand. The resource is made up of a series of four courses; Developmental Considerations, Engagement Strategies, Assessment Strategies and Interventions. The courses are to be completed sequentially. Upon completion of all four courses the participant will receive a ‘Certificate of Achievement’. For further details contact <a href="mailto:coordinator@werrycentre.org.nz">coordinator@werrycentre.org.nz</a> ; or phone (09) 3695703.	E-learning	E-learning
Ongoing	<u>On line</u>	<u>Healthcare and the Treaty of Waitangi</u>	Delivered by Mauri Ora Associates, this is an e-online learning programme. Detailed information can be	E-learning	E-learning

			<p>found on <a href="http://www.mauriora.co.nz">www.mauriora.co.nz</a></p> <p>The cost is \$20.00(+gst) per registration. Contact <a href="mailto:elarning@mauriora.co.nz">elarning@mauriora.co.nz</a> to register your interest or request and invoice, which you can pay by either cheque or internet banking. Once payment has been received we will forward your registration and login details by email to you.</p>		
28 <sup>th</sup> February to 1 <sup>st</sup> March 2011	<u>Auckland</u>	<p><u>Elder Law for the Health Sector</u></p>  <p>Elder Law for the Health Sector - Confe</p>	<p>This is the 3<sup>rd</sup> Annual Elder Law for the Health Sector Conference. Examine the fundamental issues surrounding elder law, mix and network with your peers and legal experts and ensure you are fully informed of all the latest legal developments in the aged care sector.</p> <p>Further detail can be found at <a href="http://www.conferenz.co.nz">www.conferenz.co.nz</a></p>	Auckland	
13 <sup>th</sup> to 17 <sup>th</sup> June	<u>Auckland</u>	<u>Family Therapy 1-2-3</u>	<p>Rick Whiteside providing this training. Cost \$725 plus GST. The <b>Family Therapy 1-2-3</b> intensive training programme helps participants learn how to understand presenting and underlying issues, create positive hypotheses, and craft interventions in the context of traditional and modern family therapy perspectives. Through experiential exercises, lecture, videotape, role plays, and demonstration by the instructor, registrants will develop skills they can immediately extend to their practice. During the course, participants will learn how to:</p> <ul style="list-style-type: none"> <li>• create a systemic, non-blaming view of problems</li> <li>• apply the core elements of traditional family therapy models (Structural, Strategic, Bowenian, Humanistic, Milan) using a modern perspective</li> <li>• utilise a range of therapeutic interventions and discriminate when to use each appropriately</li> </ul>	Epsom Akld	See flier

			<ul style="list-style-type: none"> <li>• adjust therapeutic stances to match a family's cooperation patterns</li> <li>• conduct a family therapy session</li> </ul> <p>For additional information, email <a href="mailto:solun@xtra.co.nz">solun@xtra.co.nz</a> or go to <a href="http://www.solutions-unlimited.co.nz/familytherapy.html">http://www.solutions-unlimited.co.nz/familytherapy.html</a></p>		
6 <sup>th</sup> to 8 <sup>th</sup> July 2011	<u>Dunedin</u>	<u>Southerly Change – Past Present and Future</u>  NZ College of Mental Health Nurses Confer	The 3 <sup>rd</sup> International Conference of Te Ao Maramatanga, New Zealand College of Mental Health Nurses.	University of Otago	TBA

### Conference/Trainings Attended

None received this month.

### Other Workforce Information

#### What is Let's get real?

*Let's get real* is a framework for everyone working in the mental health and addiction sector. The framework describes the essential knowledge, skills and attitudes required to deliver effective mental health and addiction services. *Let's get real* is made up of seven Real Skills, that each have three levels of performance indicators. The framework is for all people working in services irrespective of their role, discipline, type of organisation worked for, or population group their service works with.

Seven Real Skills	Three sets of Performance indicators
Working with service users Working with Māori Working with families/ whānau Working within communities	Essential Practitioner Leader

Challenging stigma and discrimination Law, policy and practice Professional and personal development	
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As such *Let's get real* expresses the shared values and attitudes across all mental health and addiction services. Whilst it's uptake is not mandatory, *Let's get real* is reflected in tier one of the Nationwide Service Framework. Workforce development is one of the service principles that all services need to reflect. *Let's get real* assists services to reflect many of the tier one NSF principles and the Health and Disability standards. *Let's get real* also supports us all to achieve the workforce and culture for recovery challenge of Te Tāhuhu – Improving Mental Health 2005-2015, that is building a workforce that is recovery focused, person centred, culturally capable and has an ongoing commitment to improved quality of services.

## Mental Health and Addiction Vacancies

No vacancies provided this month.

## Research and Publications

- Ministry of Health. 2010. *Suicide Facts: Deaths and intentional self-harm hospitalisations 2008*. Wellington: Ministry of Health. - [http://www.moh.govt.nz/moh.nsf/pagesmh/10482/\\$File/suicide-facts-2008-dec2010.pdf](http://www.moh.govt.nz/moh.nsf/pagesmh/10482/$File/suicide-facts-2008-dec2010.pdf)
- Matua Raki. 2010. *Interventions and Treatment for Problematic Use of Methamphetamine and other Amphetamine-Type Stimulants*. Ministry of Health, Wellington. <http://www.moh.govt.nz/moh.nsf/indexmh/methamphetamine-interventions-treatment-nov2010?Open>
- Ministry of Health. 2010. *Mental Health and Addiction Action Plan 2010*. Wellington: Ministry of Health. <http://www.moh.govt.nz/moh.nsf/indexmh/mental-health-and-addiction-action-plan-2010?Open>
- Mental Health Commission 2010. *Services Under Challenge: Critical Success Factors in meeting High and Complex needs of people in mental health care*. Mental Health Commission, Wellington. <http://www.mhc.govt.nz/sites/mhc.govt.nz/files/publications/2010/Services%20under%20Challenge-FINAL.pdf>
- Mental Health Commission 2010. *Mental Health and Addiction Funding. Mechanisms to Support Recovery*. Wellington. Mental Health Commission. <http://www.mhc.govt.nz/sites/mhc.govt.nz/files/publications/2010/Funding%20Mechanisms%20FINAL.pdf>

Please note Te Pou Talking Therapies suite, which are resources developed for the following population groups. They are available on line at [www.tepou.co.nz](http://www.tepou.co.nz)

- [Talking Therapies for Asian People](#) (July 2010)
- [Talking Therapies for Older Adults](#) (June 2010)
- [Talking Therapies for Pasifika Peoples](#) (June 2010)

- [Talking Therapies for People with Problematic Substance Use](#) (November 2010)
- [Therapies for Refugees, Asylum Seekers and New Migrants](#) (August 2010).
- Talking Therapies for Maori (January 2011)