

**Te Tau Ihu
Mental Health Promotion Network
Terms of Reference**

Purpose

Provide a forum where those working within the field of mental health promotion discuss issues, seek collegial support and undertake professional development and shared learning opportunities. The group also aims to strengthen mental health promotion principles, actions and interagency links within the Nelson Marlborough region.

Background

The group has been established by a number of people working within mental health promotion in response to an identified need and support for such a forum.

Objectives

- Professional development
- Peer support and skill sharing
- Discussion forum for health promotion issues
- Developing and assisting in applying principles to practice
- Strengthen mental health promotion across the region through leadership and support
- Supporting evaluation

Principles

The group operates within the mental health promotion frameworks underpinned by the Ottawa Charter, Bangkok Charter, He Korowai Oranga, Tuha NZ and Te Tiriti O Waitangi. The key principles that underpin this group are based on;

- Reducing inequalities through equity of approach
- Population approaches
- Supporting collaboration within and across sectors
- Community development and participation
- Strengths based and wellness models
- Socio-environmental approaches and a determinants focus

Meetings

Meetings will be held once a month according to a predetermined calendar covering a range of mental health promotion topics. Meeting will follow an accepted protocol as determined by the group. It is anticipated that the location of meetings will be rotated between member organisations across the Nelson Marlborough region.

Membership

It is anticipated that the attendees will be interested or involved in promoting mental health in the Nelson Marlborough region. It is expected that those attending understand and apply within their work, or seek to develop their understanding of the principles outlined above.

Administration

Planning and preparation of meetings will be shared among those within the group, Public Health will supply the chairperson initially to provide continuity while the network is developing. An agenda and panui/invite will be circulated approximately one week prior to meetings by Public Health. Minutes will be taken as a guide to progress on agenda items and as a record assist in facilitating the next meeting. Minutes will be taken by the member hosting the meeting, will be distributed to all attendees and a copy stored at Public Health. Any additional tasks will be undertaken by agreement of members as required.