



Tēnā koutou

This newsletter celebrates events and services that can support people whose lives are affected by a disability.

Please let me know what you would like included in future editions.

Kind Regards

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www.nmdhb.govt.nz/supportworks.aspx

A Quote of note...

“The courage of life is often a less dramatic spectacle than the courage of a final moment, but it is no less a magnificent mixture of triumph and tragedy. A man does what he must- in spite of personal consequences, in spite of obstacles and dangers and pressures-and that is the basis of all morality.”

- [John F. Kennedy](#)

www.museumofdisABILITY.org



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Peggy-Square Project

www.svdp-vinnies.org.nz



Are you interested in being able to help people in need keep warm this winter? The Vinnies are launching a community-based Peggy-square project to create blankets for people in our local community (and should we get sufficient support, people down in Christchurch) to remain snug and warm over these cold Winter months.

You are able to assist with this project by either knitting Peggy-squares or donating 4mm (old size 8) knitting needles and double knit / 8 ply wool to this project. For those keen to knit Peggy-squares, the Peggy-squares need to be 40 stitches by 80 rows.

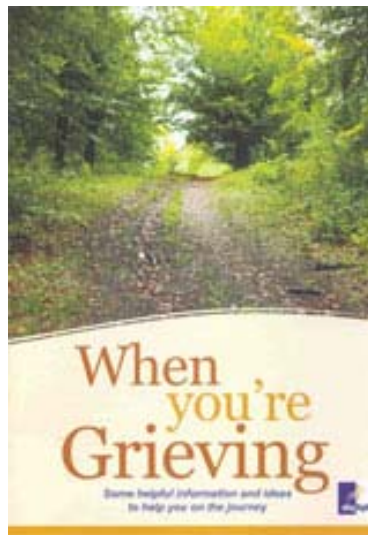
If you have any queries please contact

Philippa Winch, St. Vincent de Paul Vinnies
Youth Co-ordinator: philippa@svdp-vinnies.org.nz or phone 544 1973.





www.skylight.org.nz Skylight offers services to those facing tough times of change, loss, trauma and grief - whatever the cause, and whatever their age. This site offers information, downloads, support resources and options, extensive links and hope and encouragement for those facing tough life situations - and for those caring for them.



Skylight's practical new support booklet *When You Are Grieving* \$3.50. This booklet helps adults and young adults better understand grief and trauma, and ways to come through it as well as possible. Recommended for those grieving in any circumstance, for any kind of loss.

It contains helpful information and ideas to help people who are grieving. We grieve when any kind of significant loss happens to us, or to others we care about. The bigger the loss, or losses, the bigger the grief. This booklet helps readers better understand the nature of grief and its impact, and encourages them with strategies to try that may help them along their grief journey. Nothing can magically take grief away, because it's a normal and necessary process, but the information and ideas here can certainly help ease the way. www.skylight.org.nz

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The SKIP community supports parents to raise their children in a positive way. Our approach is based on research which shows that children need six things to grow into healthy, happy adults.

<http://www.skip.org.nz/strategies-for-parents/child-development-and-behaviour/children-with-special-needs.html>

Children with special needs

All children need lots of love and warmth, as well as limits and boundaries to guide their behaviour. Sometimes they also need extra help with some areas such as mobility, learning or sensory input.

Behaviour and discipline



Think about whether your child's behaviour is part of their natural development. Most children go through stages where they throw food, have tantrums, or say "no" to every instruction. Talk with other parents; you'll get lots of practical information and advice and it might help you identify areas where your child might need extra help.

Some children will need extra help with their learning and may develop behaviour that is a bit unusual. This doesn't necessarily mean that

your child needs specialist intervention. It may mean they're having difficulty understanding what they're being asked to do and are trying to tell you this with their behaviour.

They may not understand because they have trouble concentrating, they don't understand what you're saying or they forget what you have told them. This could mean you have to show them what to do or have really clear instructions that may have to be repeated lots of times.

Your child could also be trying to tell you they are really sensitive to hot and cold, find touching some textures really difficult or that they don't know what to do when they are playing with other children. Sometimes they might just be hungry or tired.

"Allow time."



General enquiries

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For funding enquiries email info@skip.org.nz

SPREAD the WORD

World of Possibilities, Disabilities, Healthy Aging and Independent Living EXPO is coming to Auckland this year.

World of Possibilities, Disabilities, Healthy Aging and Independent Living Expo will provide an opportunity for you to enhance your knowledge and to explore the latest and greatest products, services, technology and resources that include:

Assistive and Adaptive Devices, Durable Medical Equipment, Computer Software, Instructional Materials, Mobility Products, Adaptive Learning Tools, Disability Law Resources, Recreation/Travel Resources, Adapted Bikes/Adapted Exercise Equipment, Personal Care Products, Communication Devices, Products for the Visually Impaired and/or Deaf or Hard of Hearing Individuals, Local Agencies and Support Groups, Product Demonstrations, Strolling Entertainers/Raffles and Giveaways, Personal Care Ambassadors, Free Parking, Free Entry

**PLEASE START SPREADING THE WORD
THROUGH YOUR NETWORKS.**

“The Big E vent” December 2nd & 3rd, 2011

ASB Expo Centre, Greenlane

An Incredible educational experience, great networking opportunity and most of all FUN, FUN and more FUN.

For information how you or your group or business can be involved, email us at adpnexpo@gmail.com

Sponsorship opportunities exist but are filling fast. Limited Commercial space is available.

Bookings for Exhibitors open on April 1st, 2011. Email requesting a layout plan and rate sheet.

All community enterprise exhibitors will be required to attend a 2 hour ADPN Forum covering how to make your exhibition at an Expo of this type work for your organisation.