




Support Works

Te Roopu Tautoko

RESPIRE OPTIONS

For Nelson Marlborough District Health Board
(NMDHB) funded clients





Support Works can, following an assessment, allocate Carer Support and Respite options for a person who is eligible for this kind of support. This is to enable a full time unpaid carer to take a break or it can be used to cover an emergency such as illness in the family.

The respite services described in this booklet are available to clients who have been assessed by Support Works Health of Older People team as eligible for respite funded by the DHB.

Respite can result in improved physical and mental health. Carers of relatives who fully use their respite allocation often experience lower levels of care giver related stress giving them improved personal and family well-being.



Formal Respite

1. Formal Respite

This is care provided in a residential facility. There are tables listing the facilities you can choose from on pages four and five in this booklet.

- *For those living in the Nelson Area*

There is a respite bed available at Stillwater Garden in Richmond. This bed can be used by someone at rest home or continuing care level. To book this bed you will need to phone Support Works on 539 3976 or 0800 244 300 and we can tell you if the dates you are planning are available and make the booking with Stillwater for you.

- *For those living in the Blenheim Area*

There is a respite bed available at Ashwood Park in Blenheim. This can be used by someone at the Rest home or Continuing Care level. To book this bed you will need to phone Support Works on (03) 539 3976 or 0800 244 300 and we can tell you if the dates you are planning are available and make the booking with Ashwood for you.

If you are not using the Respite bed at Stillwater Gardens Nelson or Ashwood Park Blenheim you will need to make your own booking. Please note other services funded by Support Works usually stop whilst you use your respite days.

** We advise that you check when booking for respite as some extra charges may apply.*

Informal Respite

2. Informal Respite

This is care provided in your own home or in the home of the care worker. You may already know someone who can provide this care. This person can be a friend, neighbour or relative but not someone who lives at the same address as the full time carer. Informal Respite can be used in part days i.e. hours, daily or weekly it can be used in any combination of these long as the person does not exceed their annual allocation. A full day is eight hours up to 24 hours. Short periods of care can be combined and claimed in half days and full days.

Care Solutions phone Nelson (03) 548 0888 or 0800 15 33 20 may be able to provide a respite care worker

When your allocation has been approved:

Support Works will notify the Ministry of Health. The Ministry of Health will process your allocation and, if you are using the informal support, will post to you information and invoices pertaining to your Carer Support respite days. If you have not heard from them within two weeks please contact our office and we will follow this up for you. Phone (03) 539 3976 or 0800 244 300. For ongoing queries regarding your Carer Support, please contact the Ministry of Health on 0800 281 222 - then Press 1.

Carer Support / Respite

It is wise to monitor the number of days you use to ensure payment is covered. Please use the table on the back page to fill in and get the Rest Home Manager to initial it when booking your formal respite. Please ensure that you read any admission information when booking a facility.

If at any stage your needs or circumstances alter significantly, please contact our Referral Co-ordinator or your needs assessor directly:

- Phone 03 539 3976 or 0800 244 300
- Fax 03 546 3983 or 0800 244 900



RESIDENTIAL HOMES – CARER RELIEF-NELSON /TASMAN

* We advise that you check when booking for Carer Support Relative Relief as some extra charges may apply. The following facilities all provide rest home level care. Facilities that also provide other levels of carer relief are denoted by:

Hospital Care (Continuing Care) **H** = Yes Dementia Care **D** = Yes

	Name of Facility	Street Address	Telephone
	Alexandra Hospital	Alexandra Grove, Richmond	(03) 543 9800
H D	Ernest Rutherford Retirement Village	49 Covent Dr, Stoke	(03) 538 0880
H D	Golden Bay Hospital	Central Takaka Rd, Takaka	(03) 525 9808
H	Green Gables Home and Hospital	241 Bridge St, Nelson	(03) 548 3114
	Joan Whiting Rest Home	SH 60, Collingwood	(03) 524 8141
H	Kensington Court Retirement Home	18 McMahon St, Richmond	(03) 547 9222
H	Metlifecare Oakwoods	357 Lower Queen St, Richmond	(03) 543 9700
H D	Jack Inglis Friendship Hospital	15a Courtney St, Motueka	(03) 528 9662
H	Murchison Hospital and Health Centre	Fairfax St, Murchison	(03) 523 1120
D	Naomi Courts	8 Clifford Ave, Bishopdale	(03) 546 9324
H	Otumarama Rest Home	199 Nayland Rd, Stoke	(03) 547 5659
H D	Stillwater Gardens Retirement Village	60 Templemore Dr, Richmond	(03) 543 8070
D	Tasman Park	14 Browning Cres, Stoke	(03) 547 6867
H	The Wood Retirement Village	Milton St, Nelson	(03) 545 6059
	Tui Glen Rest Home	23 Tui Glen Rd, Atawhai	(03) 545 1555
	Wakefield Village Rest Home	10 Edward St, Wakefield	(03) 541 8995
	Wensley House	49 Wensley Rd, Richmond	(03) 544 4099
H	Whareama Rest Home	81 Neale Ave, Stoke	(03) 547 7786
H	Woodlands Rest Home	9 Woodlands Ave, Motueka	(03) 528 8330

RESIDENTIAL HOMES – CARER RELIEF IN BLENHEIM

** We advise that you check when booking for Carer Support Relative Relief as some extra charges may apply. The following facilities all provide rest home level care. Facilities that also provide other levels of carer relief are denoted by:*

Hospital Care (continuing Care) H = Yes Dementia Care D = Yes

	<i>Name of Facility</i>	<i>Street Address</i>	<i>Telephone</i>
<i>D</i>	<i>Aberleigh Village</i>	<i>19 McCallum St</i>	<i>(03) 578 7966</i>
<i>H D</i>	<i>Ashwood Park Retirement Village</i>	<i>128-130 Middle Renwick Rd</i>	<i>(03) 577 9990</i>
	<i>Bethsaida Retirement Village</i>	<i>66 Litchfield St</i>	<i>(03) 578 3341</i>
<i>H</i>	<i>Fairview Hospital Ltd</i>	<i>124 Maxwell Rd</i>	<i>(03) 578 1239</i>
<i>H</i>	<i>Lakewood Rest Home and Hospital</i>	<i>53 Lakings Rd</i>	<i>(03) 578 6442</i>
<i>H</i>	<i>Redwood Retirement Village and Hospital</i>	<i>131 Cleghorn St</i>	<i>(03) 578 7691</i>
<i>D</i>	<i>Waterlea Rest Home</i>	<i>50 McLauchlan St</i>	<i>(03) 577 6556</i>
	<i>Springlands Lifestyle Village</i>	<i>149 Middle Renwick Road</i>	<i>(03) 578 2950</i>

RESIDENTIAL HOMES – CARER RELIEF IN PICTON

	<i>Name of Facility</i>	<i>Street Address</i>	<i>Telephone</i>
	<i>Seaview Rest Home</i>	<i>Seaview Cres</i>	<i>(03) 573 6027</i>

Care Solutions

Provide a pool of thoroughly vetted and trained caregivers across the Nelson Marlborough District to provide respite for families across all cultures. Care is provided in a home environment. Families and caregivers are involved in placement choices. Placements are monitored and supported and personalised to suit each client.

Nelson (03) 548 0888 or 0800 15 33 20.

RESPITE CARER RELIEF DAYS USED

Provider Name	Date Service Started	Date Service Completed	Number of Days Remaining

Additional Resources

www.eldernet.co.nz – A directory for older people in NZ including rest homes, residential care, retirement villages, home help, community groups, public hospitals and other third age services.

A Question of Care is the book version of www.eldernet.co.nz which you can request a free copy of by contacting Support Works.

We want to learn from your experience of Support Works. If you want to have our Consumer Advisor visit you and listen to your experience please call us on 0800 244 300 to arrange an interview.

Support Works ~ Te Roopu Tautoko

www.nmdhb.govt.nz/SupportWorks.aspx ~ Email: support.works@nmdhb.govt.nz

1 Harley Street, Nelson 7010 ~ Phone (03) 539-3976, Fax (03) 546-3983

22 Scott Street Blenheim 7201 ~ Phone (03) 520 8765, Fax (03) 578 3096

Free phone **0800 244 300** Free fax 0800 244 900