



Support Works

Te Roopu Tautoko

Supporting the Health of Older People

“Our aim is to **support** people whose lives are affected by a disability, to **achieve** their goals, retain their independence and self reliance, and to **enjoy** optimum quality of life wherever they live.”



Support Works assists the person by:

- *Assessing and Identifying their needs*
- *Arranging appropriate support*

Support Works

0800 244 300

www.nmdhb.govt.nz/supportworks.aspx



Support Works

Assisting older people to live safely and independently in the community through Support Works and the Nelson Marlborough District Health Board.

Older people and their families participate in the assessment to work out how we will support them to regain and maintain independence. Regular reviews will help to ensure they have the appropriate support to maintain maximum independence and functioning.

Who may be eligible for this service?

Any person over the age of 65 who has a disability.

This can be:

- *Physical*
- *Sensory*
- *Cognitive*
- *A combination of any of the above*

The loss of function or disability related to impairment which will last six months or longer.

Needs based services include:

- *Household Management*
- *Personal Care*
- *Carer Support / Respite*
- *Residential Care*
- *Referrals to other Agencies*
- *Countering Social Isolation*

To refer yourself or someone else please contact:

- www.nmdhb.govt.nz/SupportWorks.aspx
- [Email: Support.Works@nmdhb.govt.nz](mailto:Support.Works@nmdhb.govt.nz)
- *1 Harley Street Nelson 7010, Phone (03) 539 3976
Fax (03) 546 3983*
- *22 Scott Street Blenheim 7201, Phone (03) 579 2187
Fax (03) 578 3096*
- *Free Phone 0800 244 300 Free Fax 0800 244 900*