

Te Tau Ihu o Te Waka a Maui Mental Health Promotion Network Provider Profile

Provider Name	Public Health NMDHB
Name of Manager	Martha Rice
Name of Health Promotion Staff	Jodie Black – Nelson Vacant - Blenheim
Facility Address	36 Franklyn St Nelson
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What are you contracted to provide by the Ministry of Health?	To promote mental health and wellbeing, and prevent mental illness and addiction with immediate emphasis on: <ul style="list-style-type: none"> ○ Mental health – Increasing peoples awareness of how to maintain mental health and wellbeing and seek to address the inequalities and broader determinants that contributes to mental ill health ○ Suicide – Implementing the Government’s strategy to reduce suicide and suicide attempts and the negative impact of depression ○ Destigmatisation – Ensuring people who are discriminated against can receive effective support, protection and redress when they are discriminated against
How is this service delivered? What do you do?	Public health aims to use all 5 stands of the ottowa Charter to improve health including: <ul style="list-style-type: none"> ○ Building healthy public policy ○ Strengthening community action ○ Reorient health services ○ Create supportive environments ○ Develop Personal skills
What geographical area do you cover?	The geographical area covered by NMDHB. One staff member in Nelson that covers from Golden Bay across to Rai Valley and down to Murchison. An a staff member in Marlborough which covers from Rai Valley to Picton and Seddon.
How many staff do work on this (or these) contracts?	Two staff cover Mental Health Promotion
What is your philosophy of service?	To proactively promote equitable health and wellbeing within our communities.

Who do you mainly link with?	Health Action, Other Public Health Health Promoters, Te Rapuora, SF Nelson, Gateway, the White House, Nikau House
What are your aspirations for your health promotion service, and the community you work in?	<p>To promote health in a holistic manner based on Te Whare Tapa Wha where mental health promotion is imbedded in all areas of health and not marginalised.</p> <p>To improve the wellbeing of the population through strengthening social inclusion, developing resiliency and reducing the broader determinants that leads to mental ill health.</p>
What do you want to get out of the network?	<p>Collaboration on mental health promotion activities across the top of the south</p> <p>Sharing of experience and ideas</p>