



Nelson Bays Primary Health is now providing a health initiative. This is a project designed to help people who are feeling down. Extra time will be made available with GPs (and/or other services) to help you manage your concerns.



How much will it cost?

It's free.

Who may access this service?

Anybody who feels like they might benefit from this service and is not currently receiving similar health care elsewhere (this might confuse your care and treatment).

How can I access this service?

Consult your GP or Maori health organisation and they can refer you. Ask these people about the Primary Mental Health Initiative

For more information contact:

Nelson Bays Primary Health
20 New Street
NELSON

Phone: (03) 539 1170

Email: Martin.Kane@nelsonpho.org.nz

