

Website notice:

Warfarin counselling – NMDHB resources: -

Patients first prescribed warfarin require counselling on the management of their warfarin regimen. The following resources are recommended by NMDHB for GP surgeries, hospitals and pharmacies who undertake such counselling.

1/ 'Your anticoagulant treatment' patient handbook produced by Glaxo SmithKline. This little red book is maintained up-to-date and is free from Glaxo. It is designed so that patient's record their INR measurement in it and it contains much useful information. Every patient should have one.

Contact: – GlaxoSmithKline NZ Ltd  
Cnr Albert and Customs Street  
Private bag 106600  
Auckland 1143  
phone 09 3672900  
fax 09 3672910

2/ Warfarin flipchart produced by counties Manukau. This is a step by step guide intended to be talked through with the patient. Its design has been validated to be very effective particularly for people with low health literacy. It is used routinely at Nelson hospital. Patient information cards are also available to give to patients as reminders of what they must do.

Copies of this flipchart @ \$30.00 and patient information cards @ \$70/100 may be obtained from: -

Print Consultants Limited  
Unit 10, 47-53 Ash Road, Manukau  
PO Box 97158, SAMC, Auckland, 2240  
Tel: 09 262-6240 Mob: 021-465-603  
Fax: 09 262-1078  
Email: [don@printc.co.nz](mailto:don@printc.co.nz)

3/ DVD option. A DVD entitled 'Starting on warfarin' with patient leaflets is available free of charge from PHARMAC. Patients may be left alone to watch this DVD or copies may be given out on loan. It is still important to supply the patient with the Glaxo patient handbook to ensure that they maintain a record of their INR readings.

Contact: – PHARMAC  
Level 14  
Cigna House  
40 Mercer Street  
Wellington.