

**Nelson Region After Hours and Duty Doctor Limited
96 Waimea Road, Nelson. Phone (03) 546 8881**

PROCEDURE - ZOLEDRONIC ACID IV (ACLASTA)

STEP 1. GENERAL PRACTICE:

If you would like your patient to receive an aclasta infusion at NRAHDD:

PLEASE ENSURE:-

1. That NRAHDD IS INFORMED OF

- Allergies
- Medication List
- Other Relevant Information INCLUDING:
 - Recent eGF
 - Serum Calcium

2. Oral Biphosphonates are stopped

3. The patient is prescribed - Vitamin D (if not already on it - Cal D forte 2 stat then 1 per month) and paracetamol

4. Give patient information e.g. Aclasta Patient Resource Pack + Script and advise patient of protocol as below and the cost of \$100 to be paid on the day.

STEP 2. PATIENT:

- **Makes a 60 minute appointment with the nurse at NRAHDD**
- **Reads Patient Information/Consents**
- **Normal Food Intake on day of infusion and plenty of fluids**
- **No NSAID on day of infusion**

STEP 3. NRAHDD:

→ **Goes through the Zoledronate (Aclasta) Infusion Check List with the patient.**

→ **Gives Infusion**

→ **Sends information back to GP Practice via RSD**

NRAHDD does not recall patients (other than their own)

April 2011. Any comments/suggestions to improve this protocol are welcome.
Thank you. The NRAHDD Team.