

auahi kore

smokefree

Smokefree Directory



Become smokefree now -
most options are free or
subsidised

NELSON MARLBOROUGH DISTRICT
HEALTH BOARD

Support to stop smoking available
Quit line 0800 778 778
www.quit.org.nz

Aukati Kaipaipa

Whakatu Marae (03) 546 9097
Te Awhina Marae (03) 528 6061
Te Hauora O Ngati Rarua (03) 577 8404

Nelson and Marlborough

Doctors are able to prescribe subsidised Nicotine Replacement Therapy (NRT). If you would like more information or support to quit smoking contact your doctor or nurse.

Zyban & Champix are subsidised - ask your doctor or nurse for more information.

Public Health Service

Nelson Ph:(03) 546 1537
Fax: (03) 546 1542

Marlborough Ph: (03) 520 9914
Fax: (03) 578 9517

Public Health Service

TE WAIORA



Nelson Marlborough
District Health Board