

ADVISORY COMMITTEE

AGENDA

For the meeting of the Advisory Committee Members of Nelson Marlborough Health held on Tuesday 26 March 2019 at 10.30am

Seminar Room, Arthur Wicks Building Wairau Hospital

Section	Agenda Item	Time	Attached	Action
1	Welcome, Karakia, Apologies, Registration of Interests	10.30am	Attached	Resolution
2.1	Confirmation of previous Meeting Minutes		Attached	Resolution
2.2	Action Points	7	Attached	Note
3	GM Report	10.35am	Attached	Resolution
3.1	Dashboard		Attached	Note
4	For Information:			
	Submissions		Attached	Note
5	Presentation: Oral Health	11.00am	Verbal	
6	Glossary		Attached	Note
	Meeting finish	12.30pm		

PUBLIC EXCLUDED MEETING Resolution to exclude public

12.20pm

RECOMMENDATION

THAT the Committee resolve itself into a Committee of the whole and that in terms of the NZ Public Health & Disability Act 2000, the public be excluded while the following items are considered:

- Minutes of a meeting of Advisory Committee Members held on 29 January 2019 (Clause 34(a) Schedule 4 of New Zealand Public Health & Disability Act 2000)
- GM Report To protect information that is subject to a delegation of confidence (Clauses 32(a) and (b) Third Schedule NZ Public Health & Disability Act 2000)



WELCOME, KARAKIA AND APOLOGIES

Apologies



REGISTRATIONS OF INTEREST – BOARD MEMBERS

Name	Existing - Health	Existing - Other	Interest Relates To	Possible Future Conflicts
Gerald Hope		CE Marlborough Research Control	Landlord to Hills Laboratory Sandara Blanksim	
(Chair)		Centre Director Maryport Investments Ltd	Services Blenheim	
		 CE at MRC landlord to Hill laboratory services Blenheim 		
		Councillor Marlborough District Council (Wairau Awatere Ward)		
Jenny Black	Chair of South Island Alliance Board			
	Chair of National Chairs			
	Chair of West Coast DHB			
	 Member of West Coast Partnership Group 			
	 Member of Health Promotion Agency (HPA) 			



Name	Existing – Health	Existing - Other	Interest Relates To	Possible Future Conflicts
Alan Hinton	- Nil	 Trustee, Richmond Rotary Charitable Trust 	 Support of local worthy causes 	
		 Trustee, Natureland Wildlife Trust 	 Education and support of endangered species 	
		Trustee, Nelson Christian Trust	 Local, national and international support 	
		 Director, Solutions Plus Tasman Ltd 	Business consultancy	
		Consultant, Azwood Ltd	 Heating fuels and landscaping facilities 	Supply of heating fuel to NMDHB
		 Secretary, McKee Charitable Trust 	 Tertiary scholarships and general philanthropy 	
Judy Crowe		 Daughter is senior HR Consultant at Oranga Tamariki in Wellington 		
Patrick Smith	Member of IHB	 Managing Director, Patrick Smith HR Ltd 	■ Consultancy services	 Focus on primary sector and Maori Working with Maori Health Providers who hold contracts
Jenny Black (Marlborough)		ACP Practitioner	■ End of life care	



Name	Existing - Health	Existing - Other	Interest Relates To	Possible Future Conflicts
Brigid Forrest	 Doctor at Hospice Marlborough (employed by Salvation Army) Locum GP Marlborough (not a member of PHO) Daughter in Law employed by Nelson Bays Primary Health as a Community Dietitian 	 Small Shareholder and director on the Board of Marlborough Vintners Hotel Joint Owner of Forrest Wines Ltd 	 Functions and meetings held for NMDHB 	
Dawn McConnell	 Te Atiawa representative and Chair of Iwi Health Board Director Te Hauora O Ngati Rarua 	 Trustee, Waikawa Marae Regional Iwi representative, Internal Affairs 	 MOH contract 	
Allan Panting	 Chair Orthopaedic Prioritisation Working Group Chair General Surgery Prioritisation Working Group Panel member to review Auckland DHB Orthopaedic Service Chair Ophthalmology Service Improvement Advisory Group Chair Maternal Foetal Medicine Service Improvement Advisory Group 			
Stephen Vallance	 Chairman, Marlborough Centre of the Cancer Society Chairman, Crossroads Trust Marlborough 			



Name	Existing – Health	Existing – Other	Interest Relates To	Possible Future Conflicts
Craig Dennis	Trustee of Nelson Region Hospice Trustee of Nelson Region Hospice	Partner of CFO on Call		
	Investment Trust	 Business consultancy Director of CD & Associates 		
		 Business consultancy Director of Scott Syndicate Development Company Ltd 		
		 Property Developer Director of 295 Trafalgar Street Ltd 	Property investor	
		 Director of KHC Dennis Enterprises Ltd 	Property investor	
		 Chair of Progress Nelson Tasman 	 Unincorporated society 	
		 Director, Taylors Contracting Co Ltd 		

As at January 2019

MINUTES OF MEETING

MINUTES OF A MEETING OF THE ADVISORY COMMITTEE OF NELSON MARLBOROUGH HEALTH HELD IN SEMINAR CENTRE ROOM 1, BRAEMAR CAMPUS, NELSON HOSPITAL ON TUESDAY 29 JANUARY 2019 AT 10.30AM

Present:

Jenny Black (Chair), Gerald Hope, Alan Hinton, Dawn McConnell, Jenny Black (Marlb), Stephen Vallance, Allan Panting, Brigid Forrest, Judy Crowe, Patrick Smith, Craig Dennis

Apologies:

Nil

In Attendance:

Peter Bramley (CEO), Lexie O'Shea (GM Clinical Services), Trish Casey (GM People & Capability), Hilary Exton (Director of Allied Health), Pam Kiesanowski (Director of Nursing & Midwifery), Ditre Tamatea (GM Maori Health & Vulnerable Populations), Eric Sinclair (GM Finance Performance & Facilities), Nick Baker (Chief Medical Officer), Gaylene Corlett (Minute Secretary)

Karakia:

Ditre Tamatea

INTRODUCTION

Trish Casey, GM People & Capability was welcomed and introduced to the Board.

The Chair outlined the change to the NMH Advisory Committees and the workplan for 2019. The work plan will be added to the agenda each month. It was agreed to have Board members share the role of Chair. This will be decided in advance and will be noted on the work plan. The respective Chair to contact the relevant ELT member two weeks prior to the meeting to discuss the respective month topic.

SECTION 1: APOLOGIES AND REGISTRATIONS OF INTEREST Noted.

Moved: Alan Hinton Seconded: Brigid Forrest

RECOMMENDATION:

THAT THE APOLOGIES AND REGISTRATIONS OF INTEREST BE NOTED.

SECTION 2: MINUTES OF PREVIOUS MEETING AND CORRESPONDENCE

2.1 Minutes of the Hospital Advisory Committee Meeting 23 October 2018 Noted.

Moved: Alan Hinton Seconded: Brigid Forrest

RECOMMENDATION:

THAT THE MINUTES OF THE HOSPITAL ADVISORY MEETING HELD ON 23 OCTOBER 2018 BE ADOPTED AS A TRUE AND CORRECT RECORD.

AGREED

2.2 Minutes of the Community Public Health Advisory Committee/Disability Support Advisory Committee 27 November 2018

Noted.

Moved: Patrick Smith Seconded: Stephen Vallance

RECOMMENDATION:

THAT THE MINUTES OF THE COMMUNITY PUBLIC HEALTH ADVISORY COMMITTEE/DISABILITY SUPPORT ADVISORY COMMITTEE MEETING HELD ON 27 NOVEMBER 2018 BE ADOPTED AS A TRUE AND CORRECT RECORD.

AGREED

SECTION 3: ACTION POINTS

3.1 HAC Action Points

Item 1 – Overdue Clinical Issues: The issue of overdue follow ups has been looked at. Noted the clinical dashboard has changed how the outpatient overdue data is presented. Action plans have been put in place for overdue follow ups and this will be combined with the action plan for ESPIs. The new planned care from the Ministry will include follow ups and FSAs. Item to be closed.

Item 2 – Readmissions: When this was raised in October, internal discussion was held around our Health Roundtable information. We now have 6 months of data and will relook at this at the end of February. A report will come to the Committee in due course.

3.2 CPHAC/DiSAC Action Points

Item 1 – Stop Smoking Service: This action is ongoing as there is currently very little data on numbers of people moving to vaping once they quit smoking. New information is coming out from the Ministry and Government around vaping. There are also concerns being raised that some people are starting to vape who have never smoked.

Item 2 – Pharmaceuticals: **It was agreed that** the discussion on medications be added to the workplan for either the Advisory Committee or the Board.

Item 3 – Mental Health: Due in June.

Item 4 – Oral Health: The use of Dental Amalgam will be added to the topic of Oral Health due in March.

SECTION 4: GM REPORT

The Clinical Services report and dashboard were discussed.

Strike Action

The CE, who is the Lead CE for RMO Negotiations, tabled the latest update from DHBs on the RDA negotiations. Although a number of RMOs have joined another union, SToNZ, who have reached an agreement with DHBs, the RDA is still a strong union.

Dashboard

Noted health target discharges are behind due to acute discharges being high, and the challenge of staff sick leave that has also attributed to the elective discharge drop. The health target is going to be a challenge for us to achieve this year. Discussion was held on how realistic the health targets are. It is believed that the new Planned Care being introduced by the Government should improve the measures.

Discussion held on the slowness of replacing medical staff. We need to be proactive to get the right person rather than using locums and medical staff that are available at the time.

Hospital flow with MAPU closure noted. A business case proposing to reopen the MAPU will come to the Board in due course.

Noted the HAC and CPHAC/DiSAC dashboards will be combined. The Committee were asked to send feedback to the Minute Secretary on what data they would like to see presented in the dashboard and whether it should be presented each month.

SECTION 5: PRESENTATION - MATERNAL CARE

Nick Baker (Paediatrician), Eileen Varley (Manager CAMHS), Donna Addidle (Service Manager Women Child & Youth and RMO Coordinator), Andrew Goodger (Alliance Support Manager, Primary & Community), Debbie Fisher (Operations Manager/Associate Director of Midwifery), Sophie Worel-Dahl (Registered Psychologist), Ditre Tamatea (GM Maori Health & Vulnerable Populations) presented on lifelong consequences of inequity in the first 1000 days.

Opportunities missed and harm done during the first thousand days has a major impact on the next thirty thousand days. Those addressing problems later in life, eg mental health services including drug and alcohol, police, prisons, ACC, Emergency Departments are placed to invest in management not prevention. They may have little insight that prevention was an option.

The linking of information after the death of a young person often reveals opportunities to have prevented their death. Adults who are frequent Emergency Department attenders or

users of Drug and Alcohol services have been disproportionately exposed to adverse experiences in childhood. Children who today are suffering adverse childhood experiences typically have parents who had similar experiences.

Health and wellbeing "audit points" include New-born Checks, Before School Checks and Gateway Assessments, but key items like the before birth check, the leaving and joining school checks are missing. Too often risks of adverse outcome for children are recognised yet adverse outcomes continue regardless. Those with the most to gain from enduring supportive links and health services are those most likely to miss out. Privacy concerns and isolated silos of information stand in the way of information sharing and good team work across disciplines.

We have made enormous gains with the old causes of mortality and morbidity in childhood, eg vaccine preventable diseases and respiratory diseases. The way we currently provide services and support is allowing the problems that dominate today to persist. Our services were often designed for an agile escalating response to acute illness so as to make life threatening problems survivable. A different design is needed for ongoing chronic conditions and supporting families to address health inequity.

We constantly talk about inequity but is our care delivery sufficiently unequal to address it? It is said you can take a horse to water but cannot make it drink. However with a thirsty horse, no barbed wire fence and tasty water, it can be easier. Issues related to increasing community demand, removing barriers and having desirable services are discussed. Immediate positive reliable outcomes are much stronger motivators than distant negative and unreliable consequences, eg risk of cancer from smoking. People are most strongly motivated to do things that are fun, easy and popular. How do we make the health gain for issues like stopping smoking in pregnancy fun, easy and popular?

Maternal Wellbeing and Child Protection Groups provide a once in a lifetime opportunity for prevention, early intervention and support before a "rescue" reactive response is needed. Services must focus on building trust, respect and engagement. In any locality the ecology of services should ensure they adapt to fill service gaps – services for people not services for services. It is not good enough to recognise needs and only address some of them or abandon because of service design attributes such as not being brought to an appointment, age limits or service gaps.

A patient story was given of a young child who was very overweight. The family forgot to attend an outreach clinic appointment, so the Practice Nurse went and got them. It was found the family consisted of Mum and Dad and four children who had relocated from elsewhere in NZ. They were having problems settling in. One sibling had language delay, Mum had a number of issues, Dad had chronic health problems, both parents smoked but wanted to quit, and housing was inadequate. The family were referred to OT but no action was taken. They were referred to TPO who assisted with support.

Time windows during which the effect of experiences on brain development is unusually profound and can strongly shape the neural circuits. In fact, emotion serves as a central organising process within the brain, and our ability to organise our emotions directly shapes the ability of the mind to integrate experience and adapt to future stress.

Adapting to the immediate environment is the major developmental goal or activity during the first 1000 days, and this developmental focus makes the influence of the environment particularly critical over this time. During development, there are brief *critical periods* during

which a system or organ has to mature. These occur at different times for different systems, and they occur in utero for most systems. After birth, only the brain, liver and immune system remain plastic. Thus, much of human biological development is completed during the first 1000 days.

While this is not a universal effect, when it does occur children receive genes that are in an active or 'switched on' state rather than a dormant or latent state. Thus, the long-term consequences of adverse environmental conditions during the first 1000 days may not be limited to one generation, but may lead to poor health in the generations to follow, even if these individuals develop in optimal conditions themselves.

Telomeres are shaped by our genes, but also respond to how we live – the foods we eat, our responses to emotional challenges, the amount of exercise we get, whether we were exposed to childhood stress, and even the level of trust and safety in the neighbourhood. Chronic stress is known to be associated with shortened telomeres in adults, and evidence is accumulating that this is also true of such exposures early in life, and that the effect is dose-dependent (ie the more severe and sustained the stress, the shorter the telomeres.

Well used circuits create pathways for strong connections in and between areas of the brain that are responsible for motor skills, sight, emotions, behavioural regulation, logic, language, and memory during the early critical period of development. Although different areas of the brain are responsible for each different function, they are all interrelated and one form of skill cannot completely develop without support from others. In other words, what comes first forms a foundation for everything that comes later. Building more advanced language, cognitive, social, and emotional skills on a weak foundation is significantly more challenging with age, even if a conducive environment is restored in later life. As circuits develop successively, different experiences are critical at different ages and if one stage is not developed appropriately, this will inevitably undermine the appropriate development of the next stage and so on.

This means that social disadvantage can be transmitted across generations: if the parents' telomeres were shortened by chronic stress, poverty, unsafe neighbourhoods, or chemical exposures, they can pass these shortened telomeres on directly to their children. As these children grow, they are likely to be exposed to poverty and stress, which will erode their telomeres further. They will pass these on to their own children, so that each new generation of babies has shorter telomeres than the previous one. Thus, from the first moments of birth, telomeres may be a measure of social and health inequalities. Research shows that children who experience persistent poverty in the first 1000 days are more likely to display symptoms that are consistent with anxiety (higher blood pressure; irregular cortisol production; irregular metabolic activity; and poorer immune functioning). This is because children who live in poverty are more likely to have co-occurring exposure to family distress and separation, maternal depression, family and domestic violence, reduced parental responsiveness, and increased use of physical. They are also more likely to live in homes that are overcrowded; in neighbourhoods that are less connected and have less social supports; and be exposed to more toxins, crime and traffic.

During the first 1000 days, the neural circuits responsible for managing stress are particularly malleable. A child's early experiences determine how these circuits are activated and controlled in the future. Prolonged and excessive toxic stress during this period can impact the developing brain circuits and hormonal systems in a way that leads to poorly controlled stress response systems; ones that are overly reactive or slow to shut down when faced with challenges throughout the lifespan. For example, research shows that children

who experienced persistent poverty in early life are more likely to exhibit non-adaptive coping strategies (disengagement and avoidance) in later life. Non-adaptive strategies are associated with higher levels of internalising (depression and anxiety) and externalising (aggression and impulsive) behaviours.

The social determinates of health that have the greatest impact in the first 1000 days, are enduring and transmissible between generations. Babies must have a good first 1000 days.

Adverse childhood experiences include:

- Emotional abuse
- Physical abuse
- Sexual abuse
- Not loved
- Deprived of resources
- · Parents separated or divorced
- Mother figure abused
- Problem drinker or drug user in home
- Mental illness in household member
- Household member in prison.

Adverse childhood experiences are the single greatest unaddressed public health threat facing our nation today (American Academy of Pediatrics).

The age of non-Māori having babies is getting older. Vulnerable children quickly become parents of vulnerable children.

School Based Health Services (SBHS) include:

- School based nurse provided to alternate education providers like OnTrac, Youth Nelson, Nelson Young Parent School, and Abel Tasman Education Trust (Te Mana Kowhiri)
- HEEADSSS assessments and ongoing support from a nurse for home, education, eating, activities, drugs and alcohol, suicide, depression, sexuality and safety.

The Service currently covers 50-70 students.

Upcoming changes include extending SBHS to Decile 4 schools from 1 April (Murchison, Tapawera and Te Kura Kaupapa Maori o Tuia te Matangi), extending coverage to a further 115-130 pupils, and stocktake of existing services to support further roll out and integration of services.

The emergency contraceptive pill service was discussed. Free access to long acting reversible contraceptives for Community Service Card holders and Quintile 5 areas will begin from 1 April.

Discussion held on how we foster the preciousness of fertility, and the safety aspects of contraceptives (implants). It was noted that the implants usually last 1, 3 or 5 years and are then removed.

Noted 80% of pregnant women engage with an LMC by 12 weeks. Nelson Marlborough Health has the lowest SUDI and post-natal rates in the country.

One of our challenges is breastfeeding rates, noting at discharge 85-88% of mum's still breastfeed, at 6 weeks is drops to 70%, and at 12 weeks it drops to 50-60%.

A child's development score at 22 months is a strong indicator of education achievement at 26. Early year's development support and education is critical to success at school and in life.

Discussion held on Child and Adolescent Mental Health (CAMHS). Noted Nelson Marlborough Health has the highest rate of eating disorders in the country. Patients have to go to Christchurch for treatment. Some are getting younger, eg 10/11 year olds. It is a disease of middle class families – is a mental health issue where the person feels unworthy.

Discussion held on infant mental health noting there are no services to refer people to other than Family Start. This is a national issue. The focus is on adolescents, however we need to focus on under 5 year olds. NMH is looking at setting up a therapeutic service focussing on those pregnant women who have a certain A score (joint initiative between paediatrics, CAMHS and maternity).

A new 0.5FTE role of Youth Consumer Adviser is being recruited. This will be a fixed contract, needs to be a service user and under the age of 20. The position will be a pivotal role within the mental health, addictions and early intervention service.

The GM Maori Health & Vulnerable Populations spoke on the initiatives underway including:

- During Pregnancy: Hauora Direct, Hapu Wananga, Pepi First, Tamariki Ora, Kaupapa Maori Dietician, and Tuhono
- Birth/neo-natal: Hauora Direct, Safe Sleep, Pepi First, Kaupapa Maori Lactation Consultant. Tamariki Ora. Tuhono
- Early Childhood: Hauora Direct, Tamariki Ora/Well Child, Kaupapa Maori Oral Health Navigation, Te Ho (Stop Smoking), Dietician, Tuhono.

Future development for Maori Health and vulnerable populations includes parenting programmes, and rangatahi programmes like alcohol and other drugs, tobacco, mental health, sexual and reproductive health, and a focus on personal growth and development.

The team were thanked for their presentation. **It was requested that** the slides be sent out to the Board for their information.

PUBLIC EXCLUDED:

Moved: Jenny Black Seconded: Patrick Smith

THAT the Committee resolve itself into a Committee of the whole and that in terms of the NZ Public Health & Disability Act 2000, the public be excluded while the following items are considered:

- Minutes of a meeting of HAC Committee Members held on 23 October 2018 (Clause 34(a) Schedule 4 of New Zealand Public Health & Disability Act 2000)
- Minutes of a meeting of CPHAC/DiSAC Committee Members held on 27 November 2018 (Clause 34(a) Schedule 4 of New Zealand Public Health & Disability Act 2000)

• DHB Directorate Reports – To protect information that is subject to a delegation of confidence (Clauses 32(a) and (b) Third Schedule NZ Public Health & Disability Act 2000)

AGREED

Meeting closed at 12.40pm



ACTION POINTS – NMDHB – ADVISORY COMMITTEE Open Meeting Held on 29 January 2019

Action Item#	Action Discussed	Action Requested	Person Responsible	Meeting Raised In	Due Date	Status
1	Dashboard: Stop Smoking Service	Ascertain if people move to vaping once they have quit smoking	Cathy O'Malley	22 May 2018		GM report
2	Dashboard: Pharmaceuticals	Suggested to have medications (across all services) as a discussion topic at a future CPHAC meeting	Cathy O'Malley/ Peter Bramley	22 May 2018	2019	GM report
3	Dashboard: Mental Health	Ascertain if a graph showing those triaged (primary and secondary) can be imported into the dashboard	Jane Kinsey	22 May 2018	25 June 2019	
4	Decision: Use of Dental Amalgam	a) Request a copy of the Board paper on dental amalgam from Waikato DHB b) Write to Medsafe and the MOH seeking updated policy guidance on the use of amalgam fillings c) Add the H&S risk and the environmental impact of using dental amalgam to the information gathered to update the Committee	Cathy O'Malley	24 July 2018	26 March 2019	GM Report



Action Item#	Action Discussed	Action Requested	Person Responsible	Meeting Raised In	Due Date	Status
5	GM Report	Provide reasons for the increase in readmission within 28 hours of discharge percentages for July and August, including reasons for readmissions When this was raised in October, internal discussion was held around our Health Roundtable information. We now have 6 months of data and will relook at this. A report will come to the Committee in due course.	Lexie O'Shea	23 October 2018	23 April 2019	
6	Presentation: Maternal Care	Send out presentation slides to Board members	Gaylene Corlett	29 January 2019	26 February 2019	Completed



MEMO

To: Advisory Committee Members

From: Cathy O'Malley, GM Strategy Primary &

Community

Date: 20 March 2019

Subject: General Manager's Report

Status
This report contains:
☐ For decision
✓ Update
✓ Regular report
☐ For information

1. GM Report

The GM will provide a verbal update at the meeting. The dashboard is attached as item 3.1.

2. Action Items

2.1 Stop Smoking Service: Ascertain if people move to vaping once they have quit smoking

Our service promotes vaping as a quitting tool, not as a change of behaviour. Through MOH recommendations we also support people using a vape to quit vaping. Quit coaches have found vaping to be a useful tool to support people on their journey to become Smokefree.

Results from Quarter 2 show that 21% of clients are using vaping as a quitting tool. Rates are higher in Maori at 25% and significantly lower in pregnant women at 7%.

The following table outlines a quit coach's statistics from 2018 on the success rate of using vaping as a tool for quitting:

	Clients Using E- cigarette	Number Who set Quit date	Number successful (CO validated Quit at 4 weeks)
Totals	48	38	24 (63%)
			(service target >50%)

N.B. Vaping may have been used in conjunction with other licensed nicotine products

The latest TEC Study (Trial of Electronic Cigarettes) in the UK shows how vaping is more effective than Nicotine Replacement Therapy, with the effect still significant at 12 months.

Vaping is relatively new and quit coaches are still getting up to speed with the technology and how to use it effectively. Quit coaches are finding this is a fast moving field, with technology changing rapidly and newer innovations in the vaping market, like nicotine salts which can deliver higher doses of nicotine than previously practicable, and therefore may have a higher addiction potential. The



issues are how long people continue vaping for (as this activity does carry an estimated low health risk) and the need for regulation of the market to minimise risks and support good practice.

2.2 Have medications (across all services) as a discussion topic at a future CPHAC meeting

The GM and the Pharmacy Manager are to meet and discuss this item on 8 April 2019.

2.3 Use of dental Amalgam.

No further information is currently available.

3. Presentation

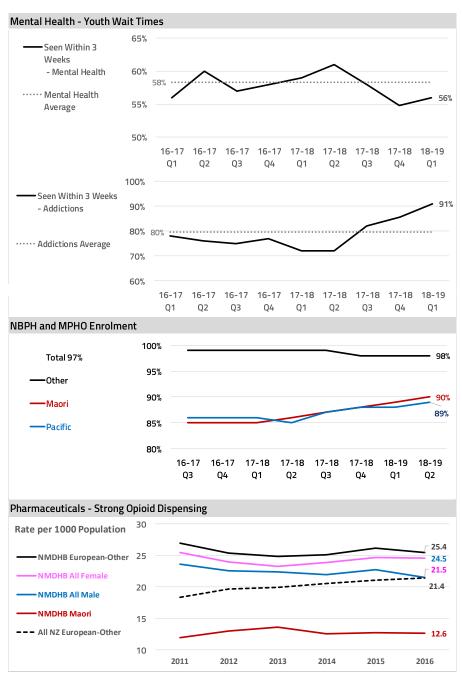
A presentation will be provided on Oral Health.

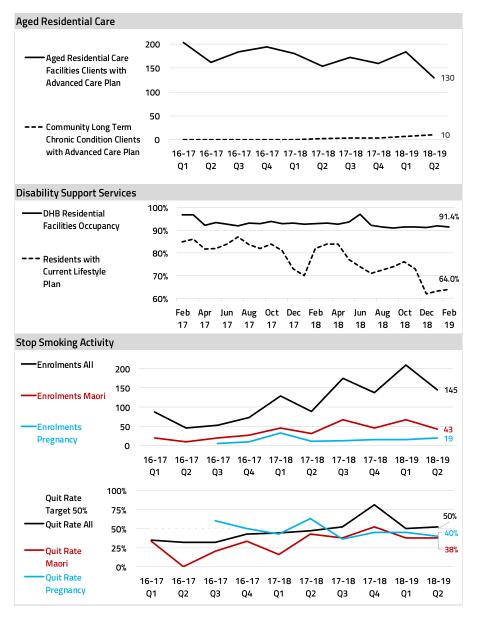
Cathy O'Malley **General Manager, Strategy Primary & Community**

RECOMMENDATION:

THAT THE ADVISORY COMMITTEE RECEIVE THE GM REPORT.

CPHAC-DISAC Dashboard February 2019







MEMO

To: Advisory Committee Members

From: Cathy O'Malley, GM Strategy, Primary

& Community

Date: 20 March 2019

Subject: FOR INFORMATION

Status	
This report contains:	
☐ For decision	
☐ Update	
☐ Regular report	
✓ For information	

NMH have submitted a number of submissions over the past 3 months. Submissions include:

4.1 TDC Proposed Aged Friendly Policy

Submission Details

This submission commends the Council on creating this document and supports the vision and guiding principles, one of which acknowledges the role that Council, NMH, the community and central government all play. NMH was pleased to see that one of the Council's objectives was to further develop relationships with Maori health providers.

The submission makes the following recommendations:

- 1. That *AgeConnect*, the cross sector group promoting positive ageing is acknowledged in the Policy.
- 2. That further consideration is given to introducing more intergenerational community spaces and places.
- 3. That the Council promotes Accessibility for All's Accessibility Checklist for Businesses.
- 4. That the Council considers adding a new requirement for accessibility audits for new commercial enterprises.
- 5. That the level of provision of Council housing is regularly reviewed to ensure it is meeting demand.
- 6. That the Council considers offering free Eco Building Design Services to residents to improve the quality of homes.
- 7. That an additional objective was added to the policy regarding supporting and educating people on emergency preparedness.
- 8. That the section on Employment includes reciprocal mentoring in terms of addressing generational diversity in the workplace and sharing skill sets.

4.2 Ministry of Transport's Consultation on MARPOL Annex VI: Treaty to reduce air pollution in ports and harbours

Background information

This International Maritime Organisation treaty, Annex VI of the International Convention for the Prevention of Pollution from Ships (MARPOL), regulates emissions that are harmful to public health, deplete the ozone layer and contribute to climate change. Annex VI accession would have benefits for New Zealand. It would:

- reduce carbon emissions and improve air quality around our ports and harbours
- provide investment certainty to domestic ship owners and fuel suppliers
- demonstrate commitment to the 'level playing field' for international maritime regulation that we benefit from as a trading and maritime nation.

For Information 4-1



ADVISORY COMMITTEE OPEN MEETING

Annex VI accession would also have costs. The regulations would impose costs on ship owners and operators, and their customers. Ships burning heavy fuel oil would need to switch to low sulphur fuel. Annex VI impacts on New Zealand will increase over time, whether we accede or not. Our ships already need to comply with its requirements when visiting foreign ports. Foreign ships in our ports will need access to low-sulphur fuel from 1 January 2020.

NZ and Israel are the only OECD countries not to have ratified the agreement to date and we have been encouraged by the Ministry of Health to put in a submission.

Submission contents

We support Annex VI accession because the accession will lead to reduced emissions of harmful air pollutants that result in reduced adverse health effects, reduced adverse effects on ecosystems and greenhouse gas emissions. Cleaner marine fuels will reduced ship related premature mortality by 34% globally. 2013 GNS Science Consultancy report undertaken for NCC found that emissions from ship traffic at the Port of Nelson constitute a significant portion of measured particulate matter and nearly 20,000 live in Nelson (3,00 in Picton) live within 3 km of the Ports therefore adopting and enforcing MARPOL VI will improve the region's air quality.

NMH recommends that the related Greenhouse Gas Strategy also include additional measures that reduce marine air pollution and greenhouse gas emissions.

4.3 NCC Waimea Road Speed Limit Change Consultation

Consultation details

Nelson City Council is consulting with the community on a proposal to change the current 70km/h speed limit on Waimea Road to 50km/h.

This applies to a 1.3km section of road, from 240m south of Market Road and 200m north of the Beatson Road roundabout. The reasons for this proposal are to provide:

- improved road safety on this section of Waimea Road
- a workable speed environment for the proposed new intersection of Princes Drive with Waimea Road.

Submission details

- 1. Supports the NCC goal of improving safety
- 2. NMH notes the installation of the underpass to the Railway Reserve. Ideally it would have been beneficial to have a pedestrian/cyclist crossing at road level because this makes it easier and more accessible.
- NMH recommends underpass is straight with no recesses to improve visibility, is wide and high for light penetration and gradual enough for prams/wheelchairs and has good drainage.

4.4 Productivity Commission's Local Government Funding and Financing Consultation

Background

The Commission has published an issues paper for this inquiry into local government funding and financing. The issues paper briefly describes local government in New Zealand and how funding and financing currently works. It asks questions about current pressure points and ways that councils can manage cost pressures. It then seeks views on options for future funding and financing tools.

Submission details

Our submission highlights that local government is an important influence on the health and wellbeing of communities and populations. NMH stresses the importance of national direction and financial support for Councils regarding adaptation. Stresses the importance of the four wellbeings in the local government amendment bill, the importance of community consultation and the need to keep services affordable especially given the ageing population.

For Information 4-2



4.5 TDC Proposed Dangerous, Insanitary an Affected Buildings Policy

Submission background

Over time, buildings may become dangerous or insanitary, or be affected by other buildings. This could be caused by natural disaster or extreme weather, because of illegal building work or lack of maintenance. TDC have reviewed our Dangerous, Insanitary and Affected Buildings Policy, which outlines how they will identify and take action to address any dangerous, insanitary or affected buildings in Tasman District.

Submission Details

We support the Policy. NMH recommends that the Health Act 1956 is also added to the Policy. The Policy refers to the Medical Office of Health but also should include Health Protection Officers.

4.6 Nelson Tasman Future Development Strategy

Background

The Nelson Tasman Future Development Strategy will determine whether we keep growing our city and towns in the same way we have in the past, or if we take a different approach. As well as planning for the extra homes and businesses our region will need, we must be aware that business needs are changing, new housing needs to be affordable, and the make-up of our communities will change over time.

Submission details

- 1. Supports proposed intensification so people can easily access goods and services, promotes community connectedness.
- 2. Recommends that intensification of brownfields is necessary in providing or the ageing population.
- 3. Recommends that universal design is supported so that people can age in place
- 4. Recommends that the amount of affordable and social housing is increased
- 5. Recommends development does not occur in areas highly prone to hazards
- 6. Stresses the importance of transport connections
- 7. Stresses the importance of access to green space
- 8. Stresses the importance of business opportunities

4.7 TDC Draft Motueka Ward Reserve Management Plan Feedback

TDC have prepared a 10-year Draft Reserve Management Plan for Motueka Ward and this submission supports the new plan and the planned enhancement of recreational amenities, playgrounds and walkways/cycleways.

NMH recommends that:

- 1. The number of drinking fountains is increased to give people more access to free water in public places
- 2. The number of shade sails or shady trees is increased to alleviate the effects of extreme heat
- 3. Consideration is given to additional fitness equipment or adult friendly play equipment to give people another opportunity to exercise
- 4. Supports the decision to install more public seating
- 5. The level of smokefree signage is increased
- 6. That the outdoor areas in front of Motueka reserve is made smokefree

4.8 MDC Feedback for Seddon Recreation Reserve Management Plan Review

Our submission links closely with our earlier submission on Picton's Victoria Park in terms of asking the council to consider matters relating to lighting, facilities, playgrounds, drinking water, freedom camping, shading, seating accessibility.

All submissions are available from the Minute Secretary if required.

For Information 4-3



GLOSSARY OF COMMONLY USED ACRONYMS, ABBREVIATIONS AND MAORI TRANSLATION

ABC Ask about their smoking status; brief advice to quit; cessation

A4HC Action for Healthy Children

A&D / AOD Alcohol and Drug / Alcohol and Other Drugs

A&R Audit & Risk Committee

ACC Accident Compensation Corporation
ACMO Associate Chief Medical Officer
ACNM - Associate Charge Nurse Manager

ACU Ambulatory Care Unit
ACP Advanced Care Plan
ADR Adverse Drug Reactions
ADM Acute Demand Management
ADON Associate Director of Nursing

AE Alternative Education

AEP Accredited Employer Programme
AIR Agreed Information Repository

ALOS Average Length of Stay

ALT Alliance Leadership Team (short version of (TOSHALT)

AMP Asset Management Plan AOD Alcohol and Other Drug

AOHS Adolescent Oral Health Services
AP Annual Plan with Statement of Intent

ARC Aged Residential Care
ARF Audit Risk and Finance

ARCC Aged Residential Care Contract
ARRC Aged Related Residential Care
ASD Autism Spectrum Disorder

ASH Ambulatory Sensitive Hospitalisation
ASMS Association of Salaried Medical Specialists
AT&R Assessment, Treatment & Rehabilitation

BSCQ Balanced Score Card Quadrant

BA Business Analyst
BAFO Best and Final Offer
BAU Business as Usual
BCP Business Continuity Plan
BCTI Buyer Created Tax Invoice

BFCI Breast Feeding Community Initiative
BFCI Baby Friendly Community Initiative

BHE Blenheim

BOT Board of Trustees
BS Business Support
BSI Blood Stream Infection

BSMC Better, Sooner, More Convenient

CaaG Capacity at a Glance

CAMHS Child and Adolescent Mental Health Services

CAPEX Capital operating costs
CAR Corrective Action Required

CARES Coordinated Access Response Electronic Service
CAT Mental Health Community Assessment Team
CBAC Community Based Assessment Centres

CBF Capitation Based Funding

CBSD Community Based Service Directorate
CE (CEO) Chief Executive (Chief Executive Officer)



CEA Collective Employee Agreement CDHB Canterbury District Health Board

CCDHB Capital & Coast District Health Board (also called C & C)

CCDM Care Capacity Demand Management CCDP Care Capacity Demand Planning CCF Chronic Conditions Framework

CCT Continuing Care Team
CCU Coronary Care Unit
CD Clinical Director

CDEM Civil Defence Emergency Management
CDHB Canterbury District Health Board
CDM Chronic Disease Management

CEG Coordinating Executive Group (for emergency management)

CeTas Central Technical Advisory Support

CFA Crown Funding Agreement or Crown Funding Agency

CFO Chief Financial Officer

CGC Clinical Governance Committee
CHFA Crown Health Financing Agency
CHS Community Health Services

CIMS Coordinated Incident Management System

CIO Chief Information Officer

CLAB Central Line Associated Bacteraemia
CLAG Clinical Laboratory Advisory Group
CME Continuing Medical Education

CMI Chronic Medical Illness
CMO Chief Medical Officer

CMS Contract Management System
CNM Charge Nurse Manager
CNS Charge Nurse Specialist

COAG Clinical Operations Advisory Group

Concerto IT system which provides clinician's interface to systems

COHS Community Oral Health Service

COO Chief Operating Officer

COPD Chronic Obstructive Pulmonary Disease COPMI Children of Parents with Mental Illness

CPHAC Community and Public Health Advisory Committee

CPIP Community Pharmacy Intervention Project
CPNE Continuing Practice Nurse Education

CP Chief Pharmacist

CPO Controlled Purchase Operations

CPSOG Community Pharmacy Services Operational Group

CPU Critical Purchase Units
CR Computed Radiology

CRG Christchurch Radiology Group

CRISP Central Region Information Systems Plan

CSR Contract Status Report

CSSD Central Sterile Supply Department
CSSD Clinical Services Support Directorate

CT Computerised Tomography
CTA Clinical Training Agency
CTC Contributions to Cost

CTC Computerised Tomography Colonography
CTANAG Clinical Training Agency Nursing Advisory Group

CTU Combined Trade Unions CVD Cardiovascular Disease

CVDRA Cardiovascular/Diabetes Risk Assessment

CWD Case Weighted Discharge CYF Child, Youth and Family



CYFS Child, Youth and Family Service

DA Dental Assistant

DAH Director of Allied Health
DAP District Annual Plan
DAR Diabetes Annual Review
DBI Diagnostic Breast Imaging
DBT Dialectical Behaviour Training

DHB District Health Board

DHBRF District Health Boards Research Fund
DIFS District Immunisation Facilitation Services
DiSAC Disability Support Advisory Committee

DGH Director General of Health
DMH Director of Maori Health

DNA Did Not Attend

DONM Director of Nursing and Midwifery

DR Disaster Recovery DR Digital Radiology

DRG Diagnostic Related Group
DSA Detailed Seismic Assessment

DSP District Strategic Plan
DSS Disability Support Services

DT Dental Therapist

DWCSP District Wide Clinical Services Plan

EAP Employee Assistance Programme
EBID Earnings Before Interest & Depreciation

EBITDA Earnings Before Interest, Tax Depreciation and Amortisation

ECP Emergency Contraceptive Pill

ECWD Equivalent Case Weighted Discharge

ED Emergency Department

EDA Economic Development Agency

EDaaG ED at a Glance EFI Energy For Industry

ELT Executive Leadership Team

EMPG Emergency Management Planning Group

ENS Ear Nurse Specialist
ENT Ears, Nose and Throat
EOI Expression of Interest
EPA Enduring Power of Attorney
EQP Earthquake Prone Building Policy
ERMS ereferral Management System
ESA Electronic Special Authority

ESOL English Speakers of Other Languages
ESPI Elective Services Patient Flow Indicators
ESR Environmental Science & Research

ESU Enrolled Service Unit

EVIDEM Evidence and Value: Impact on Decision Making

FCT Faster Cancer Treatment

FF&E Furniture, Fixtures and Equipment

FFP Flexible Funding Pool FFT Future Funding Track

FMIS Financial Management Information System

FOMHT Friends of Motueka Hospital Trust

FOUND Found Directory is an up-to-date listing of community groups and

organisations in Nelson/Tasman

FPSC Finance Procurement and Supply Chain



FRC Fee Review Committee
FSA First Specialist Assessment
FST Financially Sustainable Threshold

FTE Full Time Equivalent

FVIP Family Violence Intervention Programme

GM General Manager

GMS General Medical Subsidy
GP General Practitioner
GRx Green Prescription

hA healthAlliance

HAC Hospital Advisory Committee
H&DC / HDC Health and Disability Commissioner

H&S Health & Safety

HBI Hospital Benchmarking Information HBSS Home Based Support Services

HBT Home Based Treatment HCS Health Connect South

HCSS Home and Community Support Services
HDSP Health & Disability Services Plan Programme

HDU High Dependency Unit

HEA Health Education Assessments
HEAL Healthy Eating Active Lifestyles

He Kawenata Covenant, agreement, treaty, testament (PM Ryan Maori Dictionary pg 104)
HEeADSSS Psychosocial tool – Home, Education, eating, Activities, Drugs and Alcohol,

Sexuality, Suicidality (mood), Safety

HEHA Healthy Eating Healthy Action
HEP Hospital Emergency Plan

HESDJ Ministries of Health, Education, Social Development, Justice

HFA Health Funding Authority HHS Hospital and Health Services HIA **Health Impact Assessment** НМ Household Management **HMS** Health Management System Health Needs Assessment HNA HOD Head of Department Health of Older People HOP HP Health Promotion

HPI Health Practitioner Index HPV Human Papilloma Virus HR Human Resources

HR & OD Human Resources and Organisational Development

HSP Health Services Plan

HQSC Health Quality & Safety Commission

laaS Infrastructure as a Service

IANZ International Accreditation New Zealand

IBA Information Builders of Australia

IBC Indicative Business Case
ICU Intensive Care Unit
IDF Inter District Flow

IDSS Intellectual Disability Support Services
IFRS International Financial Reporting Standards

IHB Iwi Health Board

ILM Investment Logic Mapping IM Information Management

InterRAI Inter Residential Assessment Instrument



loD Institute of Directors New Zealand

IPAC Independent Practitioner Association Council

IPC Intensive Patient Care

IPC Units Intensive Psychiatric Care Units Immunisation Partnership Group **IPG** Individual Placement Support **IPS**

IPSAS International Public Sector Accounting Standards

IPU In-Patient Unit IS Information Systems

Information Services Strategic Plan **ISSP**

Information Technology ΙT

JAMHWSAP Joint Action Maori Health & Wellness Strategic Action Plan

JOG Joint Oversight Group

KIM Knowledge and Information Management

Unity, accord, coalition, solidarity (PM Ryan Maori Dictionary pg 127) Kotahitanga

Key Performance Indicator KPI

KHW Kimi Hauora Wairau (Marlborough PHO)

LA **Local Authority**

LCN **Local Cancer Network**

Laboratory Information Systems LIS

LMC Lead Maternity Carer

Length of Stay LOS

LSCS Lower Segment Caesarean Section

Long Term Care LTC Lost Time Injury LTI

LTIP Long Term Investment Plan

LTCCP Long Term Council Community Plan

Licence to Occupy LTO

LTS-CHC Long Term Supports - Chronic Health Condition Long Term Service Framework Steering Group LTSFSG

Manaakitanga Goodwill, show respect, or kindness to ((PM Ryan Maori Dictionary pg 172) Power, prestige, authority over land (HW Williams Maori Dictionary pg 172) Manawhenua Manawhenua O Te Tau Ihu O Te Waka A Maui - Referring to the eight iwi who hold tribal

authority over the top of the South Island (no reference)

MA Medical Advisor

MHD

Medicines Advisory Group (Hospital) MAC(H)

MAPA Management of Actual and Potential Aggression

Mobile Community Team **MCT MDC** Marlborough District Council Multidisciplinary Meetings MDM Multiple Device Management MDM Maori Development Organisation MDO Maori Development Service MDS MDT Multi Disciplinary Team

MECA Multi Employer Collective Agreement Mind, Exercise, Nutrition, Do It **MEND** Mental Health & Addiction Service MH&A Mental Health Admission Unit **MHAU** MHC Mental Health Commissioner

Maori Health Directorate **MHDSF** Maori Health and Disability Strategy Framework

MHFS Maori Health Foundation Strategy

MHINC Mental Health Information Network Collection

Mental Health Service Directorate **MHSD**

6-5 Glossary



MHWSF Maori Health and Wellness Strategic Framework

MI Minor Injury

MIC Medical Injury Centre

Medicines Management Group **MMG**

MOC Models of Care Ministry of Education MOE Ministry of Health MOH

Medical Officer of Health MOH Memorandum of Agreement MOA Medical Officer Special Scale **MOSS** Memorandum of Understanding MOU

Meals on Wheels MOW

Maori Provider Development Scheme **MPDS** Maternity Quality & Safety Programme MQ&S

Magnetic Resonance Imaging MRI

Methicillin Resistant Staphylococcus Aureus **MRSA** Medical Radiation Technologist (or Technician) **MRT**

MSD Ministry of Social Development

MTI Minor Treatment Injury

NMH Nelson Marlborough Health (NMDHB)

NP **Nurse Practitioner**

Nutrition and Physical Activity NPA

Nelson Region After Hours & Duty Doctor Limited **NRAHDD**

Nelson Radiology Ltd (Private Provider) **NRL**

NRT Nicotine Replacement Therapy National Health Board IT

NHBIT

Needs Assessment Service Coordination NASC

NBPH Nelson Bays Primary Health **National Capital Committee** NCC

Nelson City Council NCC

NCSP National Cervical Screening Programme

Nurse Entry to Specialist Practice **NESP**

NETP Nurse Entry to Practice NGO Non Government Organisation

NHCC National Health Coordination Centre

NHI National Health Index

NIR National Immunisation Register

NM Nelson Marlborough

Nelson Marlborough District Health Board **NMDHB**

NMDS National Minimum Dataset **NMH** Nelson Marlborough Health

NMIT Nelson Marlborough Institute of Technology

Nelson NN

Neck of Femur NOF

NOS **National Oracle Solution** NP Nurse Practitioner

NPA Nutrition and Physical Activity (Programme)

NPV Net Present Value

NRAHDD Nelson Regional After Hours and Duty Doctor Ltd National Radiology Service Improvement Initiative NRSII

National Screening Unit NSU National Terms of Settlement NTOS **NZHIS** NZ Health Information Services

New Zealand Information Security Manual NZISM

NZMA New Zealand Medical Association

NZ Nurses Organisation NZNO

NZPH&D Act NZ Public Health and Disability Act 2000

6-6 Glossary



OAG Office of the Auditor General

OECD Organisation for Economic Co-operation and Development

OIA Official Information Act

OIS Outreach Immunisation Services

OPD Outpatient Department
OPEX Operating costs

OPF Operational Policy Framework
OPJ Optimising the Patient Journey
OPMH Older Persons Mental Health
OST Opioid Substitution Treatment

ORL Otorhinolaryngology (previously Ear, Nose and Throat)

OSH Occupational Health and Safety

OT Occupational Therapy

PACS Picture Archiving Computer System
PAS Patient Administration System

P&F Planning and Funding
P&L Profit and Loss Statements

PANT Physical Activity and Nutrition Team
PBF(F) Population Based Funding (Formula)

PC Personal Cares
P&C Primary & Community

PCBU Person Conducting Business Undertaking PCI Percutaneous Coronary Intervention

PCO Primary Care Organisation

PCT Pharmaceutical Cancer Treatments

PDO Principal Dental Officer

PDR Performance Development Review

PDRP Professional Development and Recognition Programme

PDSA Plan, Do, Study, Act

PFG Performance Framework Group (formerly known as Services Framework

Group)

PHS Public Health Service

PHCS Primary Health Care Strategy
PHI Public Health Intelligence
PHO Primary Health Organisation

PHOA PHO Alliance
PHONZ PHO New Zealand
PHS Public Health Service
PHU Public Health Unit

PIA Performance Improvement Actions
PICS Patient Information Care System
PIP Performance Improvement Plan

PN Practice Nurse
POCT Point of Care Testing

PPE Property, Plant & Equipment assets PPP PHO Performance Programme

PRIME Primary Response in Medical Emergency
PSAAP PHO Service Agreement Amendment Protocol

PSR Preschool Enrolled (Oral health)

PT Patient

PTAC Pharmacology and Therapeutics Committee

PTCH Potential To Cause Harm PRG Pacific Radiology Group

PRIMHD Project for the Integration of Mental Health Data

PVS Price Volume Schedule



Q&SGC Quality & Safety Governance Committee

QA Quality Assurance QHNZ Quality Health NZ

QIC Quality Improvement Council

QIPPS Quality Improvement Programme Planning System

QSM Quality Safety Measures

RA Radiology Assistant

Rangatiratanga Autonomy, evidence of greatness (HW Williams Maori Dictionary pg 323)

RCGPs Royal College of General Practitioners

RDA Resident Doctors Association

RDA Riding for Disabled
RIF Rural Innovation Fund

RIS Radiology Information System
RFI Request for Information
RFP Request for Proposal

RICF Reducing Inequalities Contingency Funding

RIS Radiology Information System

RM Registered Midwife
RMO Resident Medical Officer
RN Registered Nurse

ROI Registration of Interest

RSE Recognised Seasonal Employer RSL Research and Sabbatical Leave

RTLB Resource Techer: Learning & Behaviour

SAC1 Severity Assessment Code SAC2 Severity Assessment Code SAN Storage Area Network SCBU Special Care Baby Unit

SCL Southern Community Laboratories

SCN Southern Cancer Network
SDB Special Dental Benefit Services

SHSOP Specialist Health Services for Older People

SI South Island

SIA Services to Improve Access

SIAPO South Island Alliance Programme Office

SICF South Island Chairs Forum

SICSP South Island Clinical Services Plan SI HSP South Island Health Services Plan

SI-PICS South Island Patient Information Care System SIRCC South Island Regional Capital Committee SISSAL South Island Shared Service Agency

SLA Service Level Agreement SLATs Service Level Alliance Teams

SLH SouthLink Health
SM Service Manager
SMO Senior Medical Officer
SNA Special Needs Assessment

SOI Statement of Intent

SOPD Surgical Outpatients Department SOPH School of Population Health

SPaIT Strategy Planning and Integration Team SPAS Strategy Planning & Alliance Support SPE Statement of Performance Expectations

SSBsSugar Sweetened Beverages

SSE Sentinel and Serious Events

SSP Statement and Service Performance



SUDI Sudden Unexplained Death of an Infant

TCR Total Children Enrolled (Oral health)

TDC Tasman District Council
TLA Territorial Local Authority
TOW Treaty of Waitangi
TOR Terms of Reference

ToSHA Top of the South Health Alliance

TPO Te Piki Oranga

TPOT The Productive Operating Theatre

UG User Group

USS Ultrasound Service

U/S Ultrasound

VLCA Very Low Cost Access
VRA Vascular Risk Assessment

WAM Wairau Accident & Medical Trust

WAVE (Project) Working to Add Value through E-Information WEII Whanau Engagement, Innovation and Integration

WIP Work in Progress

WR Wairau

YOTS Youth Offending Teams

YTD Year to Date

YTS Youth Transition Service

As at January 2019